**Xiaomeng (Mona) Xu**

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Lab [website](file:///C:\Users\monaxu\Dropbox\CVs%20etc%20(including%20Anna's%20stuff)\xulabisu.weebly.com\); ISU [faculty profile](https://www.isu.edu/psych/people/faculty/facultyandstaff/xiaomeng-mona-xu-phd.html) ; OSF [profile](https://osf.io/jcehg/): ORCID ID: 0000-0003-3695-4845 ; [ResearchGate](https://www.researchgate.net/profile/Xiaomeng_Xu);

[Pronouns](https://www.mypronouns.org/): She, her, hers; [Name pronunciation](https://drive.google.com/file/d/1s_YpTGaXV3hhoubCNfmv5Ivo4UN62Bzk/view?usp=sharing); Unofficial [bio](https://www.spsp.org/news-center/announcements/psychological-scholars-unofficial-bios)

**EDUCATION**

2011 Ph.D. Social Health Psychology with a Close Relationships Concentration, Stony Brook

University (SBU) \*SBU is located on the land of the Setauket people

2007 M.A. Psychology, Stony Brook University

2005 B.A. Psychology with Honors, *magna cum laude,* New York University (NYU)

Minors: English & American Literature, Gender & Sexuality Studies

\*New York University is located on the land of the Lenape people

**PROFESSIONAL APPOINTMENTS**

2023-Present Professor, Department of Psychology, Idaho State University (ISU). \*The Pocatello campus of ISU is located on the traditional homelands of the Shoshone-Bannock Tribal Nation

2021-Present Director of Experimental Training, Department of Psychology, ISU

2018-2023 Associate Professor with Tenure, Department of Psychology, ISU

2013 – 2018 Assistant Professor, Department of Psychology, ISU

2011 – 2013 Postdoctoral Research Fellow (T32, NHLBI, NIH). Weight Control & Diabetes Research Center (WCDRC), The Miriam Hospital, and the Warren Alpert Medical School of Brown University. \*These are located on the land of the Wampanoag and Narragansett peoples

**PUBLICATIONS**

ISU\* = ISU undergrad ISU\*\* = ISU grad student \* = non-ISU undergrad \*\* = non-ISU grad student

**Peer-Reviewed Journal Articles**

39. Nigg, C. R., Dütschler, B.\*\*, Schnegg, S.\*\*, Do, J. ISU\*, & **Xu, X.** (2023). The relationship between

self-expansion and physical activity in rural adults in Bern, Switzerland and Idaho, USA. *International Journal of Applied Psychology*, *13*, 9-17. doi:10.5923/j.ijap.20231301.02

38. **Xu, X.**, Tupy, S. ISU\*\*, Sharp, J.L., Miller, A.L. ISU\*, Correll, D. ISU\*\*, & Nigg, C.R. (2022). Self-

expansion is positively associated with Fitbit-measured daily steps across 4-weeks. *Scientific*

*Reports, 12,* 20547. doi:10.1038/s41598-022-24576-w PMID: **36446826**

37. McIntyre, K., Mattingly, B., Stanton, S., **Xu, X.**, Loving, T., Lewandowski, G. (2022). Romantic

relationships and mental health: Investigating the role of self-expansion on depression symptoms. *Journal of Social and Personal Relationships, 40*(1), 3-28. doi:10.1177/02654075221101127. Preprint: https://psyarxiv.com/3jc4y/

36. **Xu, X.** & Acevedo, B.P. (2020). Editorial: The science of pair-bonding and future directions.

*Frontiers in Psychology, 11*, 2178. https://doi:10.3389/fpsyg.2020.02178

35. Makwana, B.ISU\*\*, Tart-Zelvin, A.ISU\*\*, **Xu, X.**, Gunstad, J., Cote, D., Poppas, A., Cohen, R., &

Sweet, L. (2020). Cerebrovascular perfusion among older adults with and without

cardiovascular disease. *Journal of Neuroimaging, 30*(6), 851-856. doi:10.1111/jon.12757 PMID:

**32648657**

34. Makwana, B.ISU\*\* & **Xu, X.** (2020). C3Logix assessment of neuropsychological performance in

athletes and non-athletes. *Applied Neuropsychology: Adult, 27*(6), 490-496.

doi:10.1080/23279095.2019.1570927. Epub 2019 Feb 22. PMID: 30793975.

33. Nguyen, E., **Xu, X.**, & Robinson, R. (2020). Lessons learned from an academic, interdisciplinary,

multi-campus, research collaboration. *Innovations in Pharmacy, 11*(2), Article 13.

doi:10.24926/iip.v11i2.3202

32. Finkelstein, S., **Xu, X.**1, & Connell, P.M.1 (2019). When variety is not the spice of life: The

influence of perceived relational self-threat on variety seeking in snack choices. *Appetite, 136*,

154-159. doi:10.1016/j.appet.2019.02.001 PMID:30721743

1These authors contributed equally to the work.

31. **Xu, X.**, Litchman, M.L., Gee, P., Whatcott, W.\*\*, Chacon, L., Holmes, J., & Srinivasan, S.S.

(2018). Predicting prediabetes through Facebook postings: Protocol for a mixed-methods study. *JMIR Research Protocols, 7*(12): e10720. doi:10.2196/10720 PMID:30552084

30. **Xu, X.**, Tupy, S. ISU\*\*, Robertson, S.ISU\*\*, Miller, A.L. ISU\*, Correll, D.ISU\*, Tivis, R., & Nigg, C.R.

(2018). Successful adherence and retention to daily monitoring of physical activity: Lessons learned. *PLoS ONE*, *13*(9): e0199838. doi:10.1371/journal.pone.0199838 PMID:30235221 PCM6147478

29. Riela, S., Bajoghli, H., **Xu, X.**, Farnia, V., Golshani, S., & Shakeri, J. (2018). Falling in love and

passionate love in an Iranian sample. *Interpersona*, 11(2), 141-155. doi:10.5964/ijpr.v11i2.272

28. **Xu, X.**, Schneider, M., DeSorbo-Quinn, A.L., King, A.C., Allegrante, J.P., & Nigg, C.R. (2017).

Distance mentoring of health researchers: Three case studies from across the career-development trajectory. *Health Psychology Open*, 4(2), 1-6. doi:10.1177/2055102917734388 PMID:29379623 PMC5779927

27. Naparstek, J.\*\*, Wing, R.R., **Xu, X.**, & Leahey, T.M. (2017). Internet-delivered obesity treatment

improves symptoms of and risk for depression. *Obesity, 25*, 671-675.

doi:10.1002/oby.21773 PMID:28224713 PMC5373949

26. **Xu, X.**, Leahey, T.M., Boguszewski, K.\*\*, Krupel, K., Mailloux, K.A., & Wing, R.R. (2017). Self-

expansion is associated with better adherence and obesity treatment outcomes in adults. *Annals*

*of Behavioral Medicine, 51*, 13-17. doi:10.1007/s12160-016-9823-7 PMID: 27436226

PMC5247410

25. Tart-Zelvin, A. ISU\*\*, & **Xu, X.** (2016). Sexuality research within neuroimaging: A review of

progress toward greater gender equality and sex positivity. *Journal of Positive Sexuality*, *2*, 27-

31.

24. **Xu, X.**, Kauer, S. ISU\*\*, & Tupy, S.ISU\*\* (2016). Multiple-choice questions: Tips for optimizing

assessment in-seat and online. *Scholarship of Teaching and Learning in Psychology, 2,* 147-158.

doi:10.1037/stl0000062

23. Fisher, H., **Xu, X.**, Aron, A., & Brown, L. L. (2016). Intense, passionate romantic love: A natural

addiction? How the fields that investigate romance and substance abuse can inform each other. *Frontiers in Psychology, 7,* 687. doi:10.3389/fpsyg.2016.00687 PMID: 27242601 PMC4861725

22. Tupy, S. ISU\*\*, Schumann, M. ISU\*\*, & **Xu, X.** (2015). Sexual activity and older adults: Stigma,

overall health, and research. *Journal of* *Positive Sexuality, 1*, 50-55.

21. Strohacker, K., Fazzino, D., Breslin, W.L., & **Xu, X.** (2015). The use of periodization in exercise

prescriptions for inactive adults: A systematic review. *Preventive Medicine Reports, 2,* 385-396. doi:10.1016/j.pmedr.2015.04.023 PMID: 26844095 PMC4721364

20. Greenstein, M., & **Xu, X.** (2015). My mug is valuable but my partner’s is even more so:

Economic decisions for close others. *Basic and Applied Social Psychology, 37*, 174-187.

doi:10.1080/01973533.2015.1049347

19. Leahey, T.M., Doyle, C.Y., **Xu, X.**, Bihuniak, J.\*\*, & Wing, R.R. (2015). Social networks and

social norms are associated with obesity treatment outcomes. *Obesity, 23*, 1550-1554*.*

doi:10.1002/oby.21074 PMID: 26150394 PMC4510027

18. Liebel, S.W.\*\*, Clark, U.S., **Xu, X.**, Riskin-Jones, H.H.\*\*, Hawkshead, B.E.\*\*, Schwarz, N.F.\*\*,

Labbe, D., Jerskey, B.A., & Sweet, L.H. (2015) An fMRI-compatible symbol search task. *Journal of the International Neuropsychological Society, 22*, 1-8*.* doi:10.1017/S1355617715000144 PMID: 25794263 PMC4454461

17. Leahey, T.M., Subak, L., Fava, J., Schembri, M., Thomas, G., **Xu, X.**, Krupel, K., Kent, K.,

Boguszewski, K.\*\*, Kumar, R., Weinberg, B., & Wing, R.R. (2015). Benefits of adding small

financial incentives or optional group meetings to a web-based statewide obesity initiative. *Obesity, 23*, 70-76. doi:10.1002/oby.20937 PMID: 25384463 PMC4448964

16. Alosco, M.L., Gunstad, J., Beard, C., **Xu, X.**, Clark, U.S., Labbe, D., Jerskey, B.A., Ladino, M.\*,

Cote, D., Walsh, E., Poppas, A., Cohen, R.A., & Sweet, L.H. (2015). The synergistic effects of

anxiety and cerebral hypoperfusion on cognitive dysfunction in older adults with cardiovascular

disease. *Journal of Geriatric Psychiatry and Neurology, 28*, 57-66*.*

doi:10.1177/0891988714541871 PMID: 25009160 PMC4289129

15. **Xu, X.**, Demos, K.E., Leahey, T.M., Hart, C., Trautvetter, J., Coward, P., Middleton, K., & Wing,

R.R. (2014). Failure to replicate depletion of self-control. *PLoS ONE*, 9(10): e109950.

doi:10.1371/journal.pone.0109950 PMID: 25333564 PMC4204816 [F1000Prime (Faculty of 1000) recommended by David Allison and included in the *PLoS ONE* collection *The Missing Pieces: A Collection of Negative, Null and Inconclusive Results*]

14. Alosco, M.L., Gunstad, J., **Xu, X.**, Clark, U.S., Labbe, D., Riskin-Jones, H.H.\*\*, Terrero, G.,

Schwarz, N.F.\*\*, Walsh, E., Poppas, A., Cohen, R.A., & Sweet, L.H. (2014). The impact of

hypertension on cerebral perfusion and cortical thickness in older adults. *Journal of the*

*American Society for Hypertension, 8*, 561-70. doi:10.1016/j.jash.2014.04.002 PMID: 25151318 PMC4143798

13. **Xu, X.**, Aron, A., Westmaas, J.L., Wang, J., & Sweet, L.H. (2014). An fMRI study of nicotine-

deprived smokers' reactivity to smoking cues during novel/exciting activity. *PLoS ONE 9*(4):

e94598. doi:10.1371/journal.pone.0094598 PMID: 24727905 PMC3984235

12. **Xu, X.**, Clark, U.S., David, S.P., Mulligan, R.C., Knopik, V.S., McGeary, J., MacKillop, J.,

McCaffery, J., Niaura, R., & Sweet, L.H. (2014). Effects of nicotine deprivation and

replacement on BOLD-fMRI response to smoking cues as a function of *DRD4* VNTR genotype.

*Nicotine & Tobacco Research, 16*(7), 939-947. doi: 10.1093/ntr/ntu010 PMID: 24659022

PMC4072897

11. **Xu, X.**, Jerskey, B., Cote, D., Walsh, E., Hassenstab, J., Ladino, M.\*, Clark, U.S., Labbe, D.,

Gunstad, J., Poppas, A., Cohen, R., Hoge, R., Sweet, L.H. (2014). Cerebrovascular perfusion among older adults is moderated by strength training and gender. *Neuroscience Letters, 560*, 26-30. doi:10.1016/j.neulet.2013.12.011 PMID: 24355360 PMC3920729

10. Alosco, M.L., Gunstad, J., Jerskey, B.A., **Xu, X.**, Clark, U.S., Hassenstab, J., Cote, D.M., Walsh, E.,

Labbe, D., Hoge, R., Cohen, R.A., & Sweet, L.H. (2013). The adverse effects of reduced cerebral perfusion on cognition and brain structure in older adults with cardiovascular disease. *Brain and Behavior, 3*(6), 626-636. doi:10.1002/brb3.171 PMID: 24363966 PMC3868168

9. Alosco, M.L., Gunstad, J., Jerskey, B.A., Clark, U.S., Hassenstab, J.J., **Xu, X.**, Poppas, A.,

Cohen, R.A., & Sweet, L.H. (2013). Left atrial size is independently associated with cognitive function. *International Journal of Neuroscience, 123*(8), 544-552. doi:10.3109/00207454.2013.774396 PMID: 23394115 PMC4166650

8. Leahey, T.M., **Xu, X.**, Unick, J.L., & Wing, R.R. (2013). A preliminary investigation of the role of

self-control in behavioral weight loss treatment. *Obesity Research & Clinical Practice, 8*(2), e149-e153. doi:10.1016/j.orcp.2012.12.005 PMID24743010 PMC3992479

7. **Xu, X.**, Brown, L., Aron, A., Acevedo, B., Cao, G., Feng, T., & Weng, X. (2012). Regional brain

activity during early-stage intense romantic love predicted relationship outcomes 40 months later. *Neuroscience Letters, 526*(1), 33-38. doi: 10.1016/j.neulet.2012.08.004 PMID: 22902992 [part of the 2013 Elsevier’s Valentine’s Special Monthly Research Selection]

6. **Xu, X.**, Wang, J., Lei, W., Aron, A., Westmaas, L., & Weng, X. (2012). Intense passionate love

attenuates cigarette cue-reactivity in nicotine-deprived smokers: An fMRI study. *PLoS*

*ONE* 7(7): e42235. doi:10.1371/journal.pone.0042235. PMID: 22860092 PMC3409150

5. Darlow, S.D., & **Xu, X.** (2011). The influence of close others’ exercise habits and perceived

social support on exercise. *Psychology of Sport & Exercise, 12*, 575-578.

doi:10.1016/j.psychsport.2011.04.004

4. **Xu, X.**, Aron, A., Brown, L., Cao, G., Feng, T., & Weng, X. (2011). Reward and motivation

systems: A brain mapping study of early-stage intense romantic love in Chinese participants. *Human Brain Mapping, 32*(2), 249-257. doi:10.1002/hbm.21017 PMID: 21229613

3. Jagiellowicz, J., **Xu, X.**, Aron, A., Aron, E., Cao, G., Feng, T. & Weng, X. (2011). The trait of

sensory processing sensitivity and neural responses to changes in visual scenes. *Social, Cognitive and Affective Neuroscience, 6*(1), 38-47*.* doi:10.1093/scan/nsq001. PMID: 20203139 PMC3023077

2. **Xu, X.**, Floyd, A.H.L., Westmaas, J.L., & Aron, A. (2010). Self-expansion and smoking

abstinence. *Addictive Behaviors, 35*, 295-301. doi:10.1016/j.addbeh.2009.10.019 PMID:

19931986

1. Riela, S., Rodriguez, G., Aron, A., **Xu, X.**, & Acevedo, B. P. (2010). Experiences of falling in

love: Similarities and differences in culture, ethnicity, gender, and speed. *Journal of Social and Personal Relationships, 27*(4), 473-493. doi:10.1177/0265407510363508

**Peer-Reviewed Chapters and Other Peer-Reviewed Material**

12. Peterson, M. ISU\*\*, & **Xu, X.** (2023). Romantic relationship social comparison. In R. Gurung & S.

Elder (Eds.). *Psychology in the Real World – Routledge Resources Online.* Routledge. <https://doi.org/10.4324/9780367198459-REPRW241-1>

11. Peterson, M. ISU\*\*, & **Xu, X.** (2022). Choose your own adventure for the social good: Giving

students more autonomy, enhancing engagement, and fostering motivation in online courses. In H. Scherschel & D. S. Rudmann (Eds.). *Teaching tips: A compendium of conference presentations on teaching, 2021-22*. (pp. 34-36). Society for the Teaching of Psychology. <http://teachpsych.org/ebooks/teachingtips7>

10. Mozafari, A.R. ISU\*\*, & **Xu, X.** (2022). Conflict in romantic relationships. In R. Gurung & S. Elder

(Eds.). *Psychology in the Real World – Routledge Resources Online.* Routledge. <https://doi.org/10.4324/9780367198459-REPRW41-1>

9. **Xu, X.** (2021, October 24). *The Good Place Honors Seminar*. Society for the Teaching of

Psychology, Project Syllabus <http://teachpsych.org/resources/Documents/otrp/syllabi/xx21spectop.pdf> [Main

Project Syllabus page: <http://teachpsych.org/otrp/syllabi/index.php>]

8. **Xu, X.** (2021). Teaching Psychology of Human Sexuality Online. In J. Cerniak, M.S.

Wong, & L. Rosen (Eds.), *Teaching psychology* o*nline* (pp.71-80). Society for the Teaching of Psychology. <https://teachpsych.org/ebooks/teachpsychonline>

7. **Xu, X.** (2021, September 17). *Human Sexuality*. Society for the Teaching of Psychology, Project

Syllabus <http://teachpsych.org/Resources/Documents/otrp/syllabi/xx21sexuality.pdf> [Main

Project Syllabus page: <http://teachpsych.org/otrp/syllabi/index.php>]

6. Mozafari, A.R. ISU\*\*, & **Xu, X.** (2020). Intimate relationships. In F. Cheung & D. Halpern (Eds.),

*The Cambridge Handbook of the International Psychology of Women* (pp.342-354). Cambridge,

United Kingdom: Cambridge University Press.

5. **Xu, X.** (2020). The importance of self-concept and self-expansion in understanding health and

behavior change. In B.A. Mattingly, K.P. McIntyre, & G.W. Lewandowski Jr. (Eds.), *Interpersonal Relationships and Self-Concept* (pp. 163-176). New York: Springer. doi.org/10.1007/978-3-030-43747-3\_10

4. **Xu, X.**, Lewandowski, G.W., Jr., & Aron, A. (2020).The self-expansion model and relationship

maintenance. In B.G. Ogolsky & J.K. Monk (Eds.), *Relationship maintenance: Theory, process,*

*and context* (pp.86-105). Cambridge, United Kingdom: Cambridge University Press.

doi:10.1017/9781108304320

3. Acevedo, B., **Xu, X.**, Lewandowski, G.W., Jr., & Aron, A. (2017). Love and self-expansion.  In J.

Fitzgerald (Ed.), *Foundations for couples' therapy: Research for the real world* (pp. 245-255).

New York: Routledge. doi.org/10.4324/9781315678610

2. **Xu, X.**, Lewandowski, G.W., Jr., & Aron, A. (2016).The self-expansion model and optimal

relationship development. In C.R. Knee & H.T. Reis (Eds.), *Positive approaches to optimal relationship development* (pp. 79-100). Cambridge, United Kingdom: Cambridge University Press. doi.org/10.1017/CBO9781316212653

1. **Xu, X.**, Weng, X., & Aron, A. (2015).The mesolimbic dopamine pathway and romantic love. In

A.W. Toga, M.M. Mesulam, & S. Kastner (Eds.), *Brain mapping: An encyclopedic reference* (pp.631-635). Oxford, United Kingdom: Elsevier.

**Invited Contributions, Published Abstracts/Symposia/Panels, Reports, and Other Publications**

10. Alexander, R.G., Alexander, K.E., Barchas-Lichtenstein J., Finkelstein, S.R., Lee, S., Litchman,

M.L., Nigg, C.R., Ross, K.M., Starr, L.R., & **Xu, X.** Faulty evidence, specious logic, dangerous

conclusions: Challenging gendered ideas of mentorship. <https://osf.io/zqtky/>. This is a response

to the now retracted AlShebli et al. (2020) article that appeared in *Nature Communications*.

9. Hearn, G., **Xu, X.**, Makwana, B. ISU\*\*, & Faure, C. (June, 2020). Female high school athletes:

Experiences and attitudes of injury and pain. Idaho State University. [Report provided to Idaho District 25 principals, athletic directors, and coaches].

8. Grewe, J., **Xu, X.**, & Mozafari, A.R. ISU\*\* (2020). Self-care tips for stress management. *Eye on Psi*

*Chi, 24*(3), 34-35. <https://doi.org/10.24839/2164-9812.Eye24.3.34>

7. **Xu, X.**, Litchman, M., Gee, P., Jung, S.\*\*, Whatcott, W.\*\*, Chacon, L., Holmes, J. & Srinivasan, S.S.

(2019). Understanding prediabetes through Facebook: Pilot study protocol and lessons learned. *Journal of Health Disparities Research and Practice, 12* (MW CTR-IN Special Issue, Summer 2019), 55-58.

6. **Xu, X.**, & Tart-Zelvin, A ISU\*\*. (2017). What goes on in our brains when we are in love?

*ScientificAmerican.com* Retrieved from <https://www.scientificamerican.com/article/what-goes-on-in-our-brains-when-we-are-in-love/>

5. **Xu, X.**, DeSorbo-Quinn, A., Schneider, M., King, A., Allegrante, J., & Nigg, C. (2016). Panel:

Mentoring at a Distance. *Annals of Behavioral Medicine, 50*, S178. **Xu, X.** (Chair).

4. **Xu, X.** (2015). Get off that couch *together*. *Bottom Line Health, 29(11)*, 11-13.

3. **Xu, X.** (2014). The magic formula. In L. Bormans (Ed.), *The world book of love* (pp. 332-334).

Belgium: Lannoo Publishers. (Collection by 100 love researchers from around the world).

2. **Xu, X.** (2013). How does the brain react to a romantic breakup? *Scientific American Mind, 24*, 76.

1. **Xu, X.,** Floyd, A.H.F., Westmaas, L., & Aron, A. (2011). Self-expansion as an aid in smoking

abstinence and cessation. *Psychology research progress: Public health in the 21st century e-book series*. New York, NY: Nova Science Publishers.

**Manuscripts in Preparation or Under Review**

Makwana Mehmel, B.ISU\*\*, Tart-Zelvin, A.ISU\*\*, Faure, C., & **Xu, X.** An examination of the

predictability of concussion from a computerized neuropsychological battery in high-school athletes. (In Prep)

McIntyre, K., Mattingly, B., Stanton, S., **Xu, X.**, Lewandowski, G. Self-expansion and depressive

symptoms in clinical and nonclinical samples. (In Prep)

Mozafari, A.R. ISU\*\*, & **Xu, X.** Examining the associations among lifetime interpersonal trauma,

attachment, and romantic relationship conflict (In Prep)

Nigg, C.R., Krasniqi, S.\*\*, Aron, A., & **Xu, X.** Adopting a novel approach to understanding health

behavior change: The self-expansion theory. (In Prep)

**FUNDING & GRANT ACTIVITY**

2021 *Sarah Jane Lapp Virtual Artist-in-Residence (Puzlkind in Pocatello)*. $1,000. Cultural

Events Committee, ISU.

2021 *Chris Stedman Event (Faitheist: Building Bridges Between Believers, Nonbelievers, and*

*Everyone in Between)*. $1,000. Cultural Events Committee, ISU.

2015-2019 *Graduate Preparation for the Biomedical and Behavioral Sciences at Idaho State*

*University.* (Role: PI; took over for original PI Xu, D. in Dec 2018). $49,999. Office of Research, ISU

2018 *Faculty Travel Grant to attend the 2019 Society for Personality and Social Psychology*

*Conference*. $1,000. College of Arts and Letters, ISU.

2018 *Support of the Northwest Center for Fluency Disorders at Idaho State University*. (Role:

Co-I; PI: Hudock, D.). The Malcolm H. Fraser Foundation. $10,000.

2016-2018 *Feasibility of a Community Health Worker Intervention to Overcome Patient Reported*

*Barriers and Optimize Facilitators to Medication Use*. (Role: Co-I; PI: Holmes, J.).

$45,333. Office of Research, Idaho State University.

2015-2018 *Utilizing Information Technology in the Prevention and Management of Diabetes*. (Role:

PI; took over for original PI Srinivasan in summer of 2017). $38,681. Office of Research,

Idaho State University.

2015-2018 *Consumer Perspective on Health IT Systems* (Role: PI; took over for original PI

Srinivasan in summer of 2017). $19,970. Faculty Seed Grant, ISU Office of Research and Economic Development.

2017 *Faculty Travel Grant to attend the 2018 Western Psychological Association Conference*.

$1,000. College of Arts and Letters, ISU.

2016-2017 *Faculty Advisor Regional Travel Grant to attend the 2017 Rocky Mountain*

*Psychological Association Conference*. $500. Psi Chi, The International Honor Society in Psychology.

2016 *The Society for the Teaching of Psychology (STP) Travel Grant to attend the 2017*

*Society for Personality and Social Psychology Conference and Teaching of Psychology Preconference.* $256.48. STP Early Career Travel Grant Program, American Psychological Association.

2016 *Faculty Travel Grant to attend the 2017 Society of Behavioral Medicine Conference*.

$1,000. College of Arts and Letters, ISU.

2016 *Faculty Travel Grant to attend the 2016 Society of Behavioral Medicine Conference*.

$500. Office of Research, ISU.

2014-2015 *Understanding the Role of Self-expansion in Physical Activity* (Role: PI). $84,427.

Mountain West Clinical Translational Research – Infrastructure Network (#1U54GM104944-01A1, NIGMS, NIH) Pilot Grant. $15,531 of funded amount was provided as matching funds by ISU.

2014-2015 *fMRI Study of Strategy on Working Memory* (Role: PI). $24,944. Faculty Seed

Grant, ISU Office of Research and the College of Arts and Letters.

2014 *Faculty Travel Award to attend the 2015 Society for Personality and Social Psychology*

*Conference*. $1,200. College of Arts & Letters, ISU.

2014 *Faculty Course Release.* $3,402. ISU, College of Arts and Letters.

2011-2013 *Training in Behavioral and Preventative Medicine* (Role: T32 Postdoctoral Research

Fellow; PI: Wing, R.R.). $91,660. National Institutes of Health (NIH); Heart, Lung, and Blood Institute (2T32HL076134-06 and 5T32HL76134-7).

2009-2011 *The Role of Self-Expansion as a Potential Aid in Smoking Cessation* (Role: PI). $45,088

(NRSA Predoctoral Research Fellow). National Institutes of Health (NIH); Institute on Drug Abuse (5F31DA024941-02 and 1F31DA024941-01A2).

2005-2010 Stony Brook University (SBU) Graduate Council Fellowship (awarded by the Graduate

School to the top 10 incoming doctoral and MFA students; covered tuition, stipend, benefits, and 1 TA course release per year). ~$115,000 (~$23,000 per year for 5 years).

2010 *Graduate Student Conference Travel Award*. $500. Society for Personality and

Social Psychology.

2010 *Self-expansion and Cigarette Craving: fMRI and Behavioral Correlates* (Role: PI).

$1,000 American Psychological Association Dissertation Research Award.

2009 *Self-expansion and Cigarette Craving: fMRI and Behavioral Correlates* (Role: PI).

$1,000 American Psychological Foundation / Council of Graduate Departments of Psychology Graduate Research Scholarship.

2009 *Self-expansion and Cigarette Craving: fMRI and Behavioral Correlates* (Role: PI).

$1,000 SBU Psychology Department Retirees’ Dissertation Fellowship.

2005 *Why do Self Reports Become Less Negative When Repeated?* (Role: PI). $100.

New York University (NYU) College of Arts and Sciences Dean’s Fund for Honors.

2001-2005 NYU Presidential Honors Scholarship. $40,000.

**AWARDS AND HONORS**

2023 Outstanding Teacher Award, Idaho State University

2022 Jane S. Halonen Teaching Excellence Award, the Society for the Teaching of Psychology

(Division 2 of the American Psychological Association)

2022 Spirit of TRIO Award, Idaho State University TRIO Ronald E. McNair Post-

Baccalaureate Achievement Program

2021 Outstanding Master Teacher Award, Idaho State University

2018 Outstanding Experimental Faculty Award, ISU Psychology Graduate Students

Association

2018 Outstanding Master Teacher Award, Idaho State University

2017 Elected to membership as Fellow, Society of Experimental Social Psychology

2017 Outstanding Achievement Award, Mountain West Clinical Translational Research –

Infrastructure Network

2016 Elected to full membership, Sigma Xi (The Scientific Research Society)

2016 Elected to membership, The Honor Society of Phi Kappa Phi (via ISU Chapter)

2015 Rising Star Designation, Association for Psychological Science. “The Rising Star

designation recognizes outstanding psychological scientists in the earliest stages of their

research career post-PhD whose innovative work has already advanced the field and

signals great potential for their continued contributions.”

2015 Outstanding Experimental Faculty Award, ISU Psychology Graduate Students

Association

2014 Suffrage Science Award (Life Sciences), Medical Research Council, Clinical Sciences

Centre (United Kingdom). One of 11 recipients worldwide and the sole recipient from an

American institution.

2011 Excellence in Advanced Research Award, SBU Psychology Department

2011 President’s Award to Distinguished Doctoral Students, SBU

2010 President’s Award for Excellence in Teaching by a Graduate Student, SBU

2010 Sigma Xi Excellence in Research Award, SBU chapter

2010 Elected to membership, Sigma Xi (The Scientific Research Society)

2007 Graduate Research Fellowship Honorary Mention, National Science Foundation

2005 Lawrence Erlbaum Book Award for Distinguished Honors Thesis, NYU Department of

Psychology

2005 Certificate of Achievement, NYU Department of Psychology

2005 Founder’s Day Award, NYU

2005 President’s Service Award for Volunteerism, NYU

2005 Phi Beta Kappa (Academic Honor Society), NYU chapter

2003 Psi Chi (International Honor Society in Psychology), NYU chapter

2001-2005 Dean’s List, NYU (all 8 semesters)

**PRESENTATIONS**

**Invited Talks and Panels**

**2023 “Cross-cultural Perspectives on Love.” Invited speaker, ISU Humanities Café**

**2023 ISU New Faculty Orientation, Faculty Panel: Strategies for Successful Teaching**

**2023 ISU Teaching and Learning Symposium Reception, Featured Speaker** “Celebrating Teaching as

a Community Science”

**2023 ISU** Society for the Advancement of Chicanos/Hispanics and Native Americans in Science

**(SACNAS) Women in STEM Keynote**

**2023 ISU Psi Chi Panel on Psychology Research and Careers**

**2022 “Self-expansion and Being in Community.” Faculty Speaker, Induction Ceremony, University**

**Honors Program, ISU**

2022 “Reflections of a love scientist.” Guest speaker for the Pocatello Unitarian Universalist

Fellowship.

2022 “Sabbatical souvenirs: Reflecting on a semester of struggle and growth.” Departmental

Colloquium, Psychology Department, ISU.

2022 “Nurturing well-being and learning to say no (with a little help)” TRIO McNair Scholars

Symposium, Idaho State University.

2020 “Implicit racial bias and decision making in police officers.” Talk for the Pocatello Police

Department, Pocatello, Idaho. Led by Madison, E.M.ISU\*\*

2020 “You're good enough, smart enough, and doggone it, people like you! Dealing with impostor

phenomenon in academia” Keynote, TRIO McNair Scholars Symposium, Idaho State

University. With Jennifer McDonald. Slides: <https://osf.io/mt2ea/>

2019 “Tenure tapas: Memory munchies and data dim sum.” Departmental Colloquium, Psychology

Department, ISU.

2018 Panel presentation and discussion on STEM fields, imposter phenomenon, and diversity issues.

STEM Café, organized by the ISU Office for Research, STEM Diversity and Outreach. Other

panelists were Dawn David, Krystal Chanda, and Alejandra Maldonado.

2018 “Work-school-life balance through self-care, boundaries, and values.” Panel presentation and

discussion for Wellness Wednesday. I presented on self-care plans and facilitated a brief

mindfulness meditation session. Other panelists were Erin Rasmussen and Samuel Peer.

Organized by the ISU Wellness Center and The Healthy Bengal Coalition

2017 “The power of love.” Panel and discussion on how we have difficult, but necessary conversations

with others in ways that reinforce community love and respect. Diversity Resource Center, ISU

2017 “The MW CTR-IN Pilot Grant Program: Mentoring, Research, and Career Development.”

Featured speaker, Fourth Annual Mountain West Clinical Translational Research – Infrastructure Network Conference, Las Vegas, NV.

2016 “Scientific quality, replicability, and transparency: Considerations for the future of Psychology.”

Keynote Address, Southeastern Idaho Psi Chi Psychology Conference, Pocatello, ID.

2016 “Narratives in psychological data gathering and dissemination.” Part of the Colloquium on

Narrative, College of Arts and Letters, ISU.

2015 “What can neuroscience tell us about love?” Neuroscience and Psychology Departments, Trinity

University, San Antonio, TX.

2015 “Self-expansion and its implications for health behaviors and adherence.” Part of 3rd Thursday

Seminars, Idaho Center for Health Research, ISU, Pocatello, ID.

2014 “International collaborations in psychology.” Clinical Psychology Brown Bag, ISU. With

Christopher DeCou (Clinical Psychology Doctoral Student).

2014 “Understanding the brain and behavior of self-expansion and its implications for addictions

research.” Hangzhou Normal University, Hangzhou, China

2011 “Social factors and cardiovascular health.” T32 Cardiovascular Behavioral Medicine

Seminar, Warren Alpert Medical School, Brown University

2009 “Early-stage intense romantic love and relationship outcomes in Chinese participants: An

fMRI study.” Cognitive & Behavioral Neuroscience Colloquium, SBU

2009 “Reward and motivation systems: A brain mapping study of early-stage intense romantic

love in Chinese participants.” Columbia Couples Lab, Columbia University

2008 “The universality of early-stage intense romantic love.” Social & Health Psychology

Colloquium, SBU

2006 “The role of self-expansion as a potential aid in smoking cessation.” Social & Health

Psychology Colloquium, SBU. With Anna Floyd (Social Health Doctoral Student).

**Conference Talks, Symposia, Round Tables, Workshops, and Discussion Sessions**

ISU\* = ISU undergrad ISU\*\* = ISU grad student \* = non-ISU undergrad \*\* = non-ISU grad student

48. Naufel, K.Z., **Xu, X.**, & Richmond, A.S. (2023, October 6). *Mentioning the unmentionable: An open*

*discussion of closed-door topics in academia.* [Symposium]. The Society for the Teaching of Psychology’s Annual Conference on Teaching. Portland, OR.

47. Fulton, E.K, Peters, J.M., & **Xu, X.** (2023, October 6). *Teaching at the crossroads: Balancing*

*established methods and innovation in mid-career.* [Participant Ideas Exchange]. The Society for the Teaching of Psychology’s Annual Conference on Teaching. Portland, OR.

46. **Xu, X.**, & Frantz, S. (2023, October 6). Queer Educators [Affinity Group Meet-Up]. The Society for the

Teaching of Psychology’s Annual Conference on Teaching. Portland, OR.

45. **Xu, X.**, Richmond, A., & Naufel, K. (2023, April 13). *We don’t talk about Bruno, but we should:*

*Reflections on lived experiences across the professoriate.* [Workshop] Rocky Mountain Psychological Association Convention. Albuquerque, NM.

44. Cramblet Alvarez, L., Ropp, A., **Xu, X.**, & Naufel, K. (2023, April 13). *Overcoming burnout and*

*academic resiliency.* [Panel; Moderator: Grewe, J.] Rocky Mountain Psychological

Association Convention. Albuquerque, NM.

43. **Xu, X.**, Wrona, M., & Jones, N. (2022, April 8). Diversity Council book club: How to be an Antiracist.

Rocky Mountain Psychological Association Convention. Salt Lake City, UT.

42. Lee, M.\*\*, Rapadas, E.\*\*, Cheryan, S., Chung, J., & **Xu, X.** (2022, February 7). *Asian/Pacific*

*Islander/Desi community in solidarity for Black liberation.* [Deep Dive Workshop]. Society for Personality and Social Psychology Convention. Virtual event.

41. Peterson, M. ISU\*\*, & **Xu, X.** (2021, October 11). *Choose your own adventure for the social good:*

*Giving students more autonomy, enhancing engagement, and fostering motivation in online courses*.

[Conference Talk]. The Society for the Teaching of Psychology’s Annual Conference on Teaching.

Virtual event.

40. Finley, D., **Xu, X.**, Yantz, C., Blincoe, S., & Beers, M. (2021, August 12). *Mentoring matters:*

*Teachers supporting each other through STP’s Mentoring Program*. [Conference Talk]. Finley, D. (Chair). American Psychological Association Convention. Virtual event.

39. **Xu, X.**, Riela, S., Rodriguez, G., Aron, A., Acevedo, B.P, & Bajoghli, H. (2021, August 11). *The*

*falling-in-love experience across cultures: Data from the U.S., China, and Iran*. [Symposium

presentation In R.N. Balzarini & **Xu, X.** (Co-Chairs), *Unweaving the rainbow of romantic and*

*sexual relationships: The role of diversity in love, relationship stability, need fulfillment, and*

*fantasies.* Symposium for the International Association for Relationship Research Conference.

Virtual event.

38. McIntyre, K.P., Mattingly, B.A., Stanton, S.C.E., **Xu, X.**, Loving, T.J., & Lewandowski Jr., G.W. (2021,

June 29). *New, improved, and psychologically healthy: Examining the association between self-*

*expansion and symptoms of depression*. [Symposium presentation]. The International Association for

Relationship Research Conference. Virtual event.

37. **Xu, X.** (2020, October 6). *Drink and discuss: Self care and saying no in a pandemic.* [Discussion

session]. The Society for the Teaching of Psychology’s Annual Conference on Teaching. Virtual event.

36. Wood Roberts, B.W.ISU\*\*, Anderson, T., Mozafari, A.R. ISU\*\*, & **Xu, X.** (2020, October 4-10). *To*

*be seen or not to be seen? Testing the effects of visual instructor presence in a post-secondary psychology course.* [Paper presentation]. The Society for the Teaching of Psychology’s Annual Conference on Teaching. Virtual event.

35. Do, J.TISU\*, & **Xu, X.** (2020, September 23). *Physical activity in rural Idaho and association with*

*self-expansion*. [Paper presentation]. Idaho State University Department of Psychology Annual Data Blitz Forum. Virtual event. Research also presented as posters at the University of Maryland, Baltimore County 28th Annual McNair Scholars Research Conference (2020, September 19) and at the Heartland McNair Research Conference (2020, September 26).

34. **Xu, X.** (2020, April 1-4). *Self-expansion and behavioral health*. [Conference paper]. In C.R. Nigg

(Chair), *Future directions of behavioral medicine: Perspectives from the next generation*. Symposium for the Society of Behavioral Medicine 41st Annual Meeting & Scientific Sessions, San Francisco, CA, United States. <https://www.sbm.org/UserFiles/file/FinalProgram.pdf> (Conference canceled)

33. Hansen, L. ISU\*\*, & **Xu, X.** (2020, February 14). *Reducing weight stigma using a cognitive*

*dissonance intervention*. [Paper presentation]. Idaho State University Department of Psychology Annual Research Forum, Pocatello, ID, United States.

32. **Xu, X.** (2019, October). Are you saying yes to too many things? Get yourself a No Committee! The

Society for the Teaching of Psychology’s Annual Conference on Teaching, Denver, CO.

[presentation slides available on OSF: <https://osf.io/gdq2n/>)

31. **Xu, X.** (2019, October). *Mentoring graduate students: Lunch and Learn Table*. The Society for the

Teaching of Psychology’s Annual Conference on Teaching, Denver, CO.

30. **Xu, X.,** & Grewe, J. (2019, April). *Self-care strategies for undergraduate and graduate students.*

Rocky Mountain Psychological Association Convention, Denver, CO. [presentation slides and

handouts available on OSF: <https://osf.io/mh5yw/>)

29. Makwana, B. ISU\*\*, **Xu, X.**, & Hearn, G. (2019, February). *Athletic identity is associated with team*

*and high school closeness in female athletes.*Idaho State University Department of

Psychology Annual Research Forum, Pocatello, ID.

28. Moss-Racusin, C., Howell, R., Rios, K., Le, B., & **Xu, X.** (2019, February). *Doing research and*

*getting grants outside an R-1 setting*. Society for Personality and Social Psychology Conference,

Portland, OR.

27. Makwana, B.ISU\*\*, & **Xu, X.** (2018, September) *Differences in reaction time performance in*

*athletes and non-athletes.* Idaho State University Department of Psychology Annual Data Blitz Forum. Idaho State University, Pocatello, Idaho.

26. **Xu, X.**, & Gibson, W. (April, 2018). *Interdisciplinary and multidisciplinary research & mentoring*.

(Round Table Discussion). Western Psychological Association Convention, Portland, OR.

25. Bogart, K., & **Xu, X.** (April 2018). *Psychology and Disability.* (Round Table Discussion). Western

Psychological Association Convention, Portland, OR.

24. Makwana, B. ISU\*\*, Tart-Zelvin, A. ISU\*\*, **Xu, X.**, Hawkshead, B. ISU\*\*, Gunstad, J., Cote, D., &

Sweet, L. (2018, April). *Cerebrovascular perfusion among older adults as a function of cardiovascular disease status.* Talk presented to the Idaho Psychological Association Convention, Meridian, Idaho. [Winner of the First Place Prize for Graduate Level Research Presentation]

23. Colman, D.E. ISU\*\*, Spencer, J.A. ISU\*\*, McManimen, S.L. ISU\*\*, & **Xu, X.** (2018, April). *What if*

*I’m not going to grad school? Post-undergrad options.* (Breakout Session)Rocky Mountain

Psychological Association Convention, Denver, CO.

22. **Xu, X.** (2017, January). *Tips for optimizing multiple-choice testing both in-seat and online*. Society

for the Teaching of Psychology Preconference, Society for Personality and Social Psychology Conference, San Antonio, TX.

21.Tart-Zelvin, A. ISU\*\* & **Xu, X.** (2016, March). *Sexuality research within neuroimaging: Progress on*

*gender inequality*. The 12th Annual ISU Gender & Sexuality in Everyday Life Conference, Pocatello, ID.

20. Tart-Zelvin, A. ISU\*\*, **Xu, X.**, & Turley-Ames, K. J.(2016, February).  *Neural activity associated*

*with strategy use on a working memory task.*  Idaho State University Department of Psychology

Annual Research Forum, Pocatello, ID.

19. **Xu, X.**, Tupy, S. ISU\*\*, Miller, A.L. ISU\*, Correll, D. ISU\*, Nigg, C.R., Tivis, R., & Graham, J.M.

(2015, June). *Successful adherence and lessons learned when using the Fitbit: A 4-week daily dairy study of physical activity among community adults.* Mountain West Clinical Translational Research – Infrastructure Network Conference, Las Vegas, NV.

18. Correll, D. ISU\*, Tupy, S. ISU\*\*, Miller, A.L. ISU\*, **Xu, X.**, Nigg, C.R., Tivis, R., & Graham, J.M.

(2015, April). *Participant characteristics and retention rates in the Idaho State University Fitbit*

*study.* Southeastern Idaho Psi Chi Psychology Conference, Pocatello, ID.

17. Tupy, S. ISU\*\*, **Xu, X.**, Siddall, S. ISU\*, Correll, D. ISU\*, Jerskey, B., Poppas, A., Cohen, R., & Sweet,

L. (2015, March). *The correlation between quality of life and left ventricular ejection fraction in*

*adults*. Graduate School Research Day, Idaho State University, Pocatello, ID.

16. **Xu, X.**, Harville, G.J., Adams, N.S., Kirkpatrick, K.J., Kobs, S.E., & Mallicoat, A. (2015, March).

*Academic Realities and Gender*. The 11th Annual ISU Gender & Sexuality in Everyday Life Conference, Pocatello, ID.

15. Tart-Zelvin, A. ISU\*\*, **Xu, X.**, & Turley-Ames, K. J.(2015, March).  *Underlying neural mechanisms*

*of strategy use on working memory*.  Idaho State University Department of Psychology

Annual Research Forum, Pocatello, ID.

14. Tart-Zelvin, A. ISU\*\*, Turley-Ames, K. J., & **Xu, X.** (2014, March).  *Visual serial list learning in*

*temporal lobe epilepsy*.  Idaho State University Department of Psychology

Annual Research Forum, Pocatello, ID.

13. Rittenhouse, E.A.ISU\*, Doty, K.W.ISU\*, & **Xu, X.** (2014, April). *Catalogue of psychology journals*

*and their publication specifications (an open-access resource).* Southeastern Idaho Psi Chi

Research Conference, Pocatello, ID.

12. Mize, T.ISU\*, Tart-Zelvin, A.ISU\*\*, & **Xu, X.** (2014, April). *A neuroimaging approach to working*

*memory performance.* Southeastern Idaho Psi Chi Research Conference, Pocatello, ID.

11. Doty, K.W.ISU\*, & **Xu, X.** (2014, March) *Do stereotypes regarding pregnant and parenting*

*teenagers change with an increase in education?* The 10th Annual ISU Gender & Sexuality in

Everyday Life Conference, Pocatello, ID.

10. **Xu, X.** (2014, March). *Men are from Earth, women are from Earth: Gender similarities in love and*

*sexuality*. The 10th Annual ISU Gender & Sexuality in Everyday Life Conference, Pocatello, ID.

9. **Xu, X.**, Wang, J., Lei, W., Aron, A., Westmaas, L., & Weng, X. (2012, January). *Relationship*

*Self-expansion Attenuates Cigarette Craving in Deprived Smokers: fMRI Evidence.*

Society for Personality and Social Psychology Conference, San Diego, CA.

8. Aron, A., Brown, L.L., Fisher, H.E., Acevedo, B., & **Xu, X.** (2012, January). *What fMRI Tells*

*Social Psychologists about Romantic Love.* Society for Personality and Social Psychology Conference, San Diego, CA.

7. Brown, L., **Xu, X.**, Acevedo, B., Aron, A. (2011, April). *A role for the orbitofrontal cortex in*

*romantic love and relationship longevity.* Meeting of the New York Academy of Sciences, New York, NY.

6. **Xu., X.**, Brown, L., Aron, A., Cao, G., Feng, T., & Weng, X. (2011, January). *Brain Activations*

*During Early-Stage Intense Romantic Love Predict Relationship Outcomes 40 Months Later.* Society for Personality and Social Psychology Conference, San Antonio, TX.

5. **Xu, X.**, Brown, L., Aron, A., Cao, G., Feng, T., & Weng, X. (2010, July). *Brain activations*

*during early-stage intense love predict relationship outcomes 40 months later.* International Association for Relationship Research Conference, Herzliya, Israel.

4. **Xu, X.**, Aron, A., Fisher, H., Brown, L.L., Cao, G., Feng, T., & Weng, X. (2008, July).  The

Universality of Love and the Neural Correlates of Relational Outcomes: An fMRI study of Early-stage Intense Romantic Love in China with Follow-up Relational Data. International Association of Relationship Research Conference, Providence, Rhode Island.

3. Jagiellowicz, J., **Xu, X.**, Aron, A., Aron, E., Cao, G., Feng, T., & Weng, X. (2007, November).

*Noticing the Little Things: Does Sensory Processing Sensitivity moderate brain*

*activation during visual perception?* Society for Neuroscience Conference, San Diego, CA.

2. Jagiellowicz, J., **Xu, X.**, Aron, A., Aron, E., Cao, G., Feng, T., & Weng, X. (2007, August). *Sensory*

*Processing Sensitivity and Neural Activation during Perceptual Tasks.* American

Psychological Association Conference, San Francisco, CA.

1. **Xu, X.** (2005, May). *Why Do Self Reports Become Less Negative when Repeated?* New York

University Undergraduate Research Conference, New York, NY.

**Conference Posters**

65. Peterson, M.L. ISU\*\*, Cameron, E.C. ISU\*, Christensen, A.A. ISU\*, & **Xu, X.** (2023, October 6). *Wisdom*

*and insights from expert mentors: A qualitative analysis of the PsychSessions Podcast Mentoring Series.* [Poster presentation]. The Society for the Teaching of Psychology’s Annual Conference on Teaching. Portland, OR.

64. Nigg, C.R., Dütschler, B., Schnegg, S., Do., J. ISU\*, & **Xu, X.** (2023, Aug 25). *Relating self-*

*expansion with physical activity in rural adults in Bern, Switzerland, and Idaho, USA*.[Poster presentation]. The International Congress of Behavioral Medicine, Vancouver, Canada.

63. **Xu, X.** & Peterson, M.ISU\*\* (2022, October 21). *A qualitative analysis of mentoring themes and insights*

*from the PsychSessions podcast.* [Poster presentation]. Society for the Teaching of Psychology Annual Conference on Teaching. Pittsburgh, PA.

62. Peterson, M. ISU\*\*, & **Xu, X.** (2022, April 8). *The effects of online romantic relationship social*

*comparisons on the wellbeing of singles.* [Poster presentation]. Rocky Mountain Psychological Association Convention. Salt Lake City, UT.

61. Bennet, G. ISU\*, **Xu, X.**, Fulton, E., Anderson, T., Stout, T. ISU\*, & McDonald, J. (2022, April 7).

*Change of plans: Goal setting, adjustment, and attainment by Introduction to Psychology students in Spring 2020 semester in the wake of the COVID-19 pandemic.* [Poster presentation]. Rocky Mountain Psychological Association Convention. Salt Lake City, UT.

60. **Xu, X.**, Aubuchon-Endsley, N., Tart-Zelvin, A.ISU\*\*, Makwana Mehmel, B.ISU\*\*, Mozafari, A. ISU\*\*,

Kaplan, S.ISU\*\*, Mattingly, B., Lewandowski Jr., G., Loving, T., & McIntyre, K. (2022, February

18). *Self-expansion’s associations with mental health symptoms in a clinical sample.* [Poster presentation]. Society for Personality and Social Psychology Convention. Virtual event.

59. Makwana, B. ISU\*\*, Faure, C., & **Xu, X.** (2021, May 14). *Sideline athlete study: An examination of*

*the predictability of concussion from a computerized neuropsychological battery.* [Poster

presentation]. Sports Neuropsychology Society Conference. Virtual event.

58. Do, J.TISU\*, & **Xu, X.** (2020, September 19). *Physical activity in rural areas and association with*

*self-expansion*. [Poster presentation]. UMBC (University of Maryland, Baltimore County) 28th Annual McNair Scholars Research Conference. Virtual event.

57. Peterson, M.L.ISU\*\*, & **Xu, X.** (2020, February 14). *Stories, snapshots, and social comparison:*

*How single individuals perceive couples on Facebook*. [Poster presentation]. Idaho State University Department of Psychology Annual Research Forum, Pocatello, ID, United States.

56. Bhimji, J. ISU\*\* & **Xu, X.** (2019, November). *Self-discrepancy as a transdiagnostic factor related to*

*fear-and distress-based disorders*. Association for Behavioral and Cognitive Therapies Convention,

Atlanta, GA.

55. **Xu, X**, Litchman, M.L., Gee, P.M., Jung, S.\*\*, Whatcott, W.\*\*, Chacon, L., Holmes, J., &

Srinivasan, S. (2019, August). *A pilot study protocol for investigating Facebook postings for people with prediabetes. AADE19 -*American Association of Diabetes Educators Annual Conference, Houston, TX.

54. **Xu, X.**, Litchman, M.L., Gee, P., Jung, S.\*\*, Whatcott, W.\*\*, Chacon, L., Holmes, J., & Srinivasan,

S. (2019, June). *Facebook postings may help us better understand prediabetes. However,*

*recruiting patients and coding data are time and resource intensive.* Mountain West Clinical Translational Research – Infrastructure Network Conference, Las Vegas, NV. <https://osf.io/ksu7v/>

53. Morgan, L. ISU\*\*, & **Xu, X.** (2019, February). *Body image, physical attraction, and mate choice:*

*Connections between internalization, body dissatisfaction, and romantic preferences.*Idaho State University Department of Psychology Annual Research Forum, Pocatello, ID.

52. Baeten, L.R. ISU\*\*, & **Xu, X.** (2019, February). *Reducing obesity stigma using a cognitive*

*dissonance intervention.*Idaho State University Department of Psychology Annual Research Forum, Pocatello, ID.

51. Makwana, B. ISU\*\*, **Xu, X.**, & Hearn, G. (2019, February). *Athletic identity is associated with team*

*and high school closeness in female athletes.*Big Sky Athletic Training Sports Medicine Conference, Big Sky, Montana. [Poster also presented at the Idaho State University Department of Psychology Annual Research Forum, Pocatello, ID.]

50. Makwana, B. ISU\*\*,& **Xu, X.** (2018, October). *C3Logix assessment of neuropsychological*

*performance in athletes and non-athletes*. National Academy of Neuropsychology Conference, New Orleans, LA.

49. Whatcott, W.\*\*, Litchman, M., Gee, P., Chacon, L., Holmes, J., Srinivasan S., & **Xu, X.** (2018,

October). *Going where patients are, predicting prediabetes through Facebook postings: A pilot*

*study protocol.* Poster presented at the University of Utah Diabetes Metabolism Center Research

Retreat, Salt Lake City, UT.

48. Mozafari, A. ISU\*\*, Riela, S., **Xu, X.**, Aron, A., (2018, July). *Effects of sleep deprivation on mood,*

*closeness, and sociability.* Poster presented at the annual International Association for Relationship Research (IARR) Conference, Fort Collins, CO. [Also presented 2019, February at the Idaho State University Department of Psychology Annual Research Forum, Pocatello, ID.]

47. Wood Roberts, B.W.ISU\*\*, Anderson, T., & **Xu, X.** (2018, April). *To be seen or not to be seen?*

*Testing the effects of visual instructor presence in a post-secondary psychology course.* Western Psychological Association Convention, Portland, OR. [Also presented at theIdaho State University Department of Psychology Annual Research Forum, Pocatello, ID]

46. Morgan, L.ISU\*\* & **Xu, X.** (2018, February). *Validation of an attractiveness image database.* Idaho

State University Department of Psychology Annual Research Forum, Pocatello, ID.

45. McIntyre, K. P., Mattingly, B. A., **Xu, X.**, Loving, T. J., & Lewandowski, G. W., Jr. (2018, March).

*Self-expansion and psychological well-being within romantic relationships*. Society for Personality and Social Psychology Conference, Atlanta, GA.

44. Bhimji, J. ISU\*\*, **Xu, X.**, Leahey, T., & Wing, R. (2018, March). *The complex relationship*

*between grit and weight loss*. Society for Personality and Social Psychology Conference, Atlanta, GA.

43. Makwana, B. ISU\*\*, **Xu, X.**, Faure, C., & Rieske, R. (2018, February). *A proposed investigation of*

*C3Logix in college students*. Big Sky Athletic Training Sports Medicine Conference, Big Sky,

MT. [Also presented at Idaho State University Department of Psychology Annual Research

Forum, Pocatello, ID].

42. **Xu, X.**, Tupy, S. ISU\*\*, Miller, A. ISU\*, Correll, D. ISU\*\*, Tivis, R., & Nigg, C. (2017, March). *The*

*relationship between self-expansion and Fitbit-measured physical activity: Daily data across 4 weeks*. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, San Diego, CA.

41. Makwana, B.ISU\*\* & **Xu, X.** (2017, March). *Concussion protocol awareness in athletics.* Idaho State

University Department of Psychology Annual Research Forum, Pocatello, ID.

40. Tupy, S.ISU\*\* & **Xu, X.** (2017, March). *Understanding veteran reintegration difficulties: The*

*predictive value of self-concept clarity, self-expansion, and identity fusion.* Idaho State University Department of Psychology Annual Research Forum, Pocatello, ID.

39. Bhimji, J.ISU\*\*, **Xu, X.**, Leahey, T.M., & Wing, R.R. (2017, March). *The complex relationship*

*between grit and weight loss.* Idaho State University Department of Psychology Annual

Research Forum, Pocatello, ID.

38. Duda, B. M.\*\*, Owens, M., Lindbergh, C., Hallowell, E.\*\*, Mistretta, A., Brown, A.,

**Xu, X.**, Clark, U., Gunstad, J., Sweet, L.H. (2017, February). *Dual compensatory*

*processes of brain activations and deactivations support older adults' maintenance of cognitive function.* International Neuropsychological Society, New Orleans, LA.

37. Hallowell, E. S.\*\*, McMains, J. T., Liebel, S. W.\*\*, Duda, B. M.\*\*, Clark, U. S., **Xu, X.**,

Niaura, R. S., & Sweet, L. H. (2017, February). *The effect of severity of cigarette smoking and early life stress on affect.* International Neuropsychological Society, New Orleans, LA.

36. Tart-Zelvin, A. ISU\*\*,Korell, A.M. ISU\*\*, Echon, R. ISU\*\*, Miller, A.L. ISU\*, Correll,

D.ISU\*, Voorheis, D. ISU\*, Osipowicz, K., Turley-Ames, K.J., & **Xu, X.** (2017, February). *An fMRI study: Neural mechanisms associated with rehearsal strategy and a working memory task.* International Neuropsychological Society Conference, New Orleans, LA. Also presented at the Idaho State University Department of Psychology Annual Research Forum (2017, March), Pocatello, ID

35. **Xu, X.**, Riela, S., Bajoghli, H., Golshani, S., Farnia, V., & Shakeri, J. (2017, January). *Falling in*

*love experiences in an Iranian sample*. Society for Personality and Social Psychology

Conference, San Antonio, TX.

34. Tart-Zelvin, A. ISU\*\*,Echon, R. ISU\*\*, Korell, A.M. ISU\*\*, Turley-Ames, K.J., **Xu, X.**, &

Osipowicz, K.(2016, October). *Neural activity associated with rehearsal strategy use on a working memory task.* National Academy of Neuropsychology Conference, Seattle, WA. [Winner of the 2016 Ted Blau Student Poster Award, which came with a $500 prize].

33. McMains, J.\*, Hallowell, E. S.\*\*, Clark, U. S., **Xu, X.**, Niaura, R. S., & Sweet, L. H.

(2016, April). *Early life stress, affect, and smoking intensity and duration: A mediation analysis.* Georgia Psychological Association Conference, Atlanta, GA.

32. Bhimji, J.ISU\*\*, Jesser, M.ISU\*\*, Craun, E.ISU\*\*, Fairholme, C.P., & **Xu, X.** (2016, February). *The*

*relationship between affect regulation goals and symptom severity across fear and distress-*

*based disorders.* Idaho State University Department of Psychology Annual Research Forum,

Pocatello, ID.

31. Tupy, S.ISU\*\* & **Xu, X.** (2016, February). *Self-concept clarity and relationship satisfaction among*

*post-deployment veterans.* Idaho State University Department of Psychology Annual Research Forum, Pocatello, ID.

30. **Xu, X.**, & Nigg, C.R. (2015, June). *The mentoring process to develop a program of research*.

Mountain West Clinical Translational Research – Infrastructure Network Conference, Las Vegas, NV.

29. **Xu, X.**, Tupy, S.ISU\*\*, Miller, A.L. ISU\*, Correll, D. ISU\*, Nigg, C.R., Tivis, R., & Graham, J.M.

(2015, June). *Successful adherence and lessons learned when using the Fitbit: A 4-week daily dairy study of physical activity among community adults.* Mountain West Clinical Translational Research – Infrastructure Network Conference, Las Vegas, NV.

28. Bhimji, J.ISU\*\*, **Xu, X.**, & Tomlinson, J.M. (2015, May). *Jealousy through the lens of the self-*

*expansion model.* Western Psychological Association Conference, Las Vegas, NV.

27. **Xu, X.**, Tupy, S.ISU\*\*, Miller, A.L.ISU\*, Nigg, C.R., Tivis, R., & Graham, J.M. (2015, April).

S*trategies that enhanced adherence during a pilot 4-week daily diary study utilizing physical activity monitors.* Society of Behavioral Medicine Conference, San Antonio, TX.

26. **Xu, X.**, Tomlinson, J.M., & Feeney, B. (2015, Feb). *Marital duration is associated with greater*

*moderate physical activity in older couples.* Society for Personality and Social Psychology Conference, Long Beach, CA.

25. Tupy, S. ISU\*\*, **Xu, X.**, Siddall, S. ISU\*, Correll, D. ISU\*, Jerskey, B.A., Poppas, A., Cohen, R.A., &

Sweet, L.H. (2015, April). *The relationship between left ventricular ejection fraction and quality*

*of life.* Idaho State University Department of Psychology Annual Research Forum, Pocatello, ID.

Also presented (2015, May) Western Psychological Association Conference, Las Vegas, NV.

24. Liebel, S.W.\*\*, Clark, U.S., **Xu, X.**, McMains, J.T.\*\*, Riskin-Jones, H.H.\*\*, Hawkshead, B.E.\*\*,

Schwarz, N.F\*\*., Labbe, D., Jerskey, B.A., & Sweet, L.H. (2015, Feb). *Evaluating the reliability and construct validity of an fMRI-compatible symbol search task.* International Neuropsychological Society Conference, Denver, CO.

23. Schwarz, N.F.\*\*, Lukemire, J.D.\*\*, Clark, U.S., Riskin-Jones, H.H.\*\*, **Xu, X.**, Labbe, D.,

Hawkshead, B.E.\*\*, Liebel, S.W.\*\*, & Sweet, L.H. (2014, Nov). *Cerebrovascular reactivity and*

*cardiovascular disease in older adults: Results from an fMRI breath-hold hypercapnia task.* Society for Neuroscience Conference, Washington, D.C.

22. Doty, K.W.ISU\*, & **Xu, X.** (2014, April). *How sexist attitudes differ with self-reported political*

*ideology across a local sample and a national sample.* Southeastern Idaho Psi Chi Research

Conference, Pocatello, ID.

21. Riskin-Jones, H.H\*\*, **Xu, X.**, Clark, U.S., Labbe, D., & Sweet, L.H. (2014, April). *New tool for*

*quantification of white matter hyperintensities*. Cognitive Aging Conference, Atlanta, GA.

20. **Xu, X.**, Leahey, T.M., Boguszewski, K.\*\*, Krupel, K., Kent, K.A., & Wing, R.R. (2014, February). 

*Self-expansion during a behavioral weight loss intervention is associated with better objective adherence and outcomes.* The Society for Personality and Social Psychology Conference, Austin, TX.

19. Alosco, M.L., Gunstad, J., Jerskey, B.A., Clark, U.S., Hassenstab, J.J., **Xu, X.**, Poppas, A., Cohen,

R.A., & Sweet, L.H. (2013, February). *Left arterial size is independently associated with*

*cognitive function.* International Neuropsychological Society Conference, Waikoloa, HI.

18. **Xu, X.,** & Riela, S. (2013, January). *Eating during sleep loss is moderated by romantic*

*relationship interdependence, closeness, and self-expansion*. Society for Personality and

Social Psychology Conference, New Orleans, LA.

17. Connell, P.M., Finkelstein, S., & **Xu, X.** (2013, January). *When variety is not the spice of life:*

*Self-expansion motivation leads to increased loyalty and decreased preference for variety*. Society for Personality and Social Psychology Conference, New Orleans, LA.

16. Greenstein, M., & **Xu, X.** (2012, November). *This mug is more valuable because it’s yours:*

*Economic decisions for the self and others.* Psychonomic Society Conference, Minneapolis,

MN.

15. **Xu, X.**, Leahey, T.M., & Wing, R.R. (2012, September). *The power of tenacity: Behavioral*

*perseverance is associated with successful weight loss and increases in physical activity.*

The Obesity Society Conference, San Antonio, TX.

14. **Xu, X.**, Jerskey, B., Cote, D., Walsh, E., Hassenstab, J., Ladino, M.\*, Clark, U.S., Labbe, D.,

Gunstad, J., Poppas, A., Cohen, R., Hoge, R., & Sweet, L.H. (2012). *Whole brain cerebral*

*perfusion among older adults is moderated by strength training and gender.* Research

Symposium on Mental Health Sciences, Alpert Medical School of Brown University,

Providence, RI; Organization for Human Brain Mapping, Beijing, China; and The

Norman Prince Neurosciences Institute Inaugural Symposium, Providence, RI.

13. Labbe, D., Jerskey, B., Cote, D., Walsh, E., Hassenstab, J., Ladino, M.\*, Clark, U.S., **Xu, X.**,

Gunstad, J., Poppas, A., Hoge, R., Cohen, R., Sweet, L.H. (2012, March). *Functional MRI response to a working memory task in cardiovascular disease.* Research Symposium on Mental Health Sciences, Alpert Medical School of Brown University, Providence, RI.

12. **Xu, X.**, & Darlow, S.D. (2012, January). *Increasing closeness and talking about exercise*

*influence exercise behaviors and perception.* Society for Behavioral Medicine Conference, New

Orleans, LA.

11. **Xu., X.**, Darlow, S., & Aron, A. (2010, January). *The influence of close cthers’ exercise*

*habits.* Society for Personality and Social Psychology Conference, Las Vegas, NV.

10. Jagiellowicz, J., **Xu, X.**, Aron, A., Aron, E., Cao, G., Feng, T., & Weng, X. (2009, July).

*Individuals with the temperament trait of sensory processing sensitivity notice subtleties: Neural response to change in visual scenes.* Association for Research in Personality Conference, Evanston, IL

9. Jagiellowicz, J., **Xu, X.**, Aron, A., Aron, E., Cao, G., Feng, T., & Weng, X. (2009, May) *Quickly*

*noticing everything: Sensory processing sensitivity moderates brain activation when judging visual differences.* Canadian Association for Neuroscience Conference, Vancouver, BC.

8. **Xu, X.**, Floyd, A.H.L., Westmaas, J.L., & Aron, A. (2009, April).  Self-expansion and Nicotine

Abstinence.  Society for Behavioral Medicine Conference, Montreal, Quebec, Canada.

7. **Xu, X.**, Floyd, A.H.L., Aron, A., & Westmaas, J.L. (2009, February). *Self-expansion and*

*nicotine abstinence.* Society for Personality and Social Psychology Conference, Tampa, FL

6. **Xu, X.**, Aron, A., Fisher, H., Brown, L.L., Cao, G., Feng, T., & Weng, X. (2008, February). *Is*

*love universal? An fMRI study of early-stage intense romantic love in China.* Society for

Personality and Social Psychology Conference, Albuquerque, NM.

5. Jagiellowicz, J., **Xu, X.**, Aron, A., Aron, E., Cao, G., Feng, T., & Weng, X. (2008, February).

*Noticing more: Sensory Processing Sensitivity moderates brain activation during*

*visual perception.* Society for Personality and Social Psychology Conference, Albuquerque, NM.

4. **Xu, X.**, Aron, A., Cao., G. Feng, T., Fisher, H., Brown, L.L., & Weng, X. (2007, November).

*Neural Correlates of early-stage intense romantic love in Chinese participants and the*

*influence of traditionality and modernity.* Society for Neuroscience Conference, San Diego, CA.

3. **Xu, X.**, Aron, A., Fisher, H., Brown, L.L., Cao, G., Feng, T., & Weng, X. (2007, May).

*Reward/Motivation Systems Associated with Early Stage Romantic Love in Chinese*

*Students: An fMRI Study.* Neural Systems of Social Behavior Conference, Austin, TX.

2. **Xu, X.**, Acevedo, B., & Aron, A. (2007, January). *Emotional Experiences Among Chinese*

*Students: Is Love More than a Feeling?* Society for Personality and Social Psychology Conference, Memphis, TN.

1. **Xu, X.**, Acevedo, B., & Aron, A. (2006, July). *Love—More than Just a Feeling: An Examination*

*of Emotional Experiences using a Chinese Sample.* International Association of Relationship Research Conference, Rethymno, Crete.

**TEACHING**

**Idaho State University (Instructor of record; This list does not include courses such as independent studies/special problems, theses, and dissertations).**

Spring 2024 Social Psychology (online) PSYC 3341-01 and H1 (honors section)

Spring 2024 Professional Development & Writing (in person) PSYC 6671

Fall 2023 Social Psychology (online) PSYC 3341-02

Fall 2023 Advanced Social Psychology (in person) PSYC 6643-01

Fall 2023 Traveling the Multiverse (in person) HONS 3391-01

Spring 2023 Social Psychology (online) PSYC 3341-01

Spring 2023 Teaching of Psychology (in person) PSYC 5502-01

Fall 2022 Human Sexuality (online) PSYC 2205-01 and H1 (honors section)

Fall 2022 Advanced Social Psychology (in person) PSYC 6643-01

Spring 2022 Professional Development & Writing (in person) PSYC 6671

Spring 2022 Social Neuroscience (online) PSYC 4439-01 & 5539-01 (both undergrad and grad)

Fall 2021 Social Psychology (online) PSYC 3341-02

Fall 2021 Human Sexuality (online) PSYC 2205-01, with 2 honors contracts

Spring 2021 Social Psychology (online) PSYC 3341-01, with 1 honors contract

Spring 2021 Social Neuroscience (online) PSYC 4439-01 & 5539-01 (both undergrad and grad)

Fall 2020 Social Psychology (online) PSYC 3341-02

Fall 2020 Advanced Social Psychology (online) PSYC 6643-01

Fall 2020 Human Sexuality (online) PSYC 2205-01, with 1 honors contract

Spring 2020 Professional Development & Writing (online) PSYC 5567-02

Spring 2020 Human Sexuality (online) PSYC 2205-01, E1

Spring 2020 The Good Place (in person) HONS 3391-H3 Honors Seminar

Fall 2019 Sabbatical

Spring 2019 Social Neuroscience (online) PSYC 4467-02

Spring 2019 Human Sexuality (online) PSYC 2205-01

Fall 2018 Advanced Social Psychology (in-person) PSYC 6643-01

Fall 2018 Human Sexuality (online) PSYC 2205-01

Spring 2018 Close Relationships (online) PSYC 4467-01

Spring 2018 Human Sexuality (online) PSYC 2205-01

Fall 2017 Social Psychology (online) PSYC 3341-01

Fall 2017 Social Neuroscience (in person) PSYC 4467-01 & 5567-01 (both undergrad and grad)

Spring 2017 Professional Development & Writing (in person) PSYC 5567-05 & SOC 5591-02

Spring 2017 Close Relationships (online) PSYC 4467-01

Fall 2016 Teaching of Psychology (in person) PSYC 5502-01

Fall 2016 Advanced Social Psychology (in person) PSYC 6643-01

Spring 2016 Social Neuroscience (online) PSYC 4467-01

Fall 2015 Human Sexuality (online) PYSC 2205-01

Fall 2015 Social Psychology (online) PSYC 3341-01

Fall 2015 Social Psychology (in person) PSYC 3341-02

Spring 2015 Professional Development & Writing (in person) PSYC 5567-05

Fall 2014 Advanced Social Psychology (in person) PSYC 6643-01

Fall 2014 Social Neuroscience (in person) PSYC 4467-04 & 5567-04 (both undergrad and grad)

Spring 2014 Close Relationships (in person) PSYC 4467-02

Fall 2013 Social Neuroscience (in person) PSYC 4467-03

Fall 2013 Social Neuroscience (online) PSYC 4467-04

**Stony Brook University (Instructor of record)**

Summer 2010 Survey in Social Psychology

Summer 2009 Topics in Social Psychology: Close Relationships

Summer 2009 Research and Writing in Psychology

**Stony Brook University (Teaching assistant)**

Fall 2009 Special Topics in Biopsychology: Drugs and the Brain, Patricia Whitaker

Fall 2008 Survey in Psychology: Psychology of Women’s Health, Marci Lobel

Fall 2007 Research and Writing in Psychology, with Substantial Directed Instruction (taught

twice-weekly recitations and received faculty feedback), Anne Moyer

Fall 2006 Survey in Social Psychology, with Substantial Directed Instruction (taught four

classes and received faculty feedback), Antonio Freitas

Fall 2005 Survey in Developmental Psychology, Paul Kaplan

**Guest Lectures and Panels**

Fall 2022 Guest lecture/discussant on my research and career. Social Psychology of Interpersonal Relationships (Psy 424), University of Toronto, Molly Metz.

Spring 2021 Guest lecture on work-life balance. McNair Course (ACAD 3399).

Fall 2020 Guest lecture/discussion on relationships, sexuality, self-expansion, culture, and my research. Human Sexuality (PSY 3473), University of Arkansas at Monticello, Seungyeon Lee.

Spring 2020 Skype a Scientist discussion on my research and career. Social Psychology of Interpersonal Relationships (Psy 424), University of Toronto, Molly Metz.

Fall 2019 Skype a Scientist discussion on my research and career. Social Psychology of Interpersonal Relationships (Psy 424), University of Toronto, Molly Metz.

Fall 2018 Psychological science and research considerations. Introduction to Honors Thesis (HONS 3393), ISU, Shannon Kobs Nawotniak.

Fall 2018 Graduate student self-care discussion. Seminar in Teaching Writing (ENGL 6631), ISU, Lydia Wilkes.

Fall 2016 Psychology Research Methods (PSYC 3303), ISU, Anna McCarrey

Fall 2013 fMRI methodology, issues, and research. Behavioral Neuroscience (PSYC 5531), ISU, Michele Brumley

Fall 2012 Discussion with incoming minority freshmen at Brown University about minority

issues in the sciences as part of the New Scientist Program’s Catalyst project

Spring 2011 Panel discussant for Stony Brook University student group Minorities in

Psychology on the topic of graduate school

Fall 2010 Psychology of Close Relationships, Stony Brook University, Arthur Aron

Fall 2009 Psychology of Close Relationships, Stony Brook University, Dylan Selterman

**MENTORING AND ADVISING OF STUDENTS**

**Graduate Students**

2024-Present Jacob Hubers, Experimental Psychology

2024-Present Mel Bussard, Experimental Psychology

2021-Present Tonne McCoy, Experimental Psychology

2019-Present Makenzie Peterson, Experimental Psychology

2017-2022 Ahva Mozafari, Ph.D., Clinical Psychology

2016-2021 Bindal Makwana, M.S., Ph.D., Clinical Psychology

2018-2021 Lisa Hansen (nee Baeten), M.S., Experimental Psychology

2016-2019 Laura Morgan, Ph.D., Experimental Psychology

2014-2018 Samantha Tupy, Ph.D., Clinical Psychology

2014-2018 Jabeene Bhimji, M.S., Ph.D., Clinical Psychology

2015-2017 Matthew Schumann, Ph.D., Clinical Psychology

2013-2018 Ariana Tart-Zelvin Ph.D., (co-advisor: Dr. Kandi Turley-Ames), Clinical Psychology

2016-2018 Barbara Wood Roberts, M.S. Ph.D., Experimental Psychology

**Post-undergraduate**

2012-2013 Research Assistant and collaborator, Katherine Boguszewski, WCDRC

2010-2011 Independent study, Lauren Cody, master’s student, Stony Brook University

**Undergraduate Students**

2023-Present Honors student, Alexis Christensen, ISU

2022-2023 Research assistant, Ellie Cameron, ISU

2022-2023 Research assistant, Gabriel Hapke, ISU

2020-2022 TRIO McNair Summer Scholar then research assistant, Joseph Do, ISU

2018-2019 Research assistant, Garima Singh, ISU

2017-2018 Research assistant, Aubriann Sherer, ISU

Fall 2016 Research assistant, Sunnie Kuhn, ISU

Spring 2016 Research assistant, Derek Viall, ISU

2016-2019 Departmental advisor for majors and minors

2014-2015 Research assistant, Ashley Miller, ISU. Recipient of the 2015 College of Arts and

Letters - Social & Behavioral Sciences Outstanding Student Achievement Award

2014-2015 Research assistant, Shell Siddall, ISU

2014-2016 Research assistant, Danielle Correll, ISU. Recipient of an Outstanding Psychology Major award

Fall 2014 Research assistant, Tyler Stenersen, ISU

Spring & Fall 2014 Research assistant, Travis Mize, ISU

Spring 2014 Research assistant, Emily Rittenhouse, ISU

2013-2014 Honors student, Kendra Doty, ISU. Thesis: “Opinions about and experiences with

pregnancy” successfully defended April 16th, 2014. Recipient of an Outstanding

Psychology Major award.

2012-2013 Independent study, Hannah Riskin-Jones, Brown University

2010-2011 Honors student, Kelly Yu, Stony Brook University. Undergraduate Research and

Creative Activities (URECA) Summer Research Program ($3,500 stipend); Thesis:

“Unrequited love in a college sample” presented at the 2011 URECA conference

2009-2010 Honors student, Janna Coronel, Stony Brook University. Thesis: “‘Wanna grab a

bite?’ Eating and close relationships” presented at the 2010 URECA conference

**SERVICE**

**Editorial and Professional Service**

2022-Present *Translational Behavioral Medicine*, Editorial Board

2022-Present Diversity Council, Rocky Mountain Psychological Association

2020-Present Mentor for the National Research Mentoring Network

2020-Present International Association for Relationship Research Awards Committee

2023-Present Jane S. Halonen Teaching Excellence Award Committee, the Society for the Teaching of

Psychology

2022 Mentor for ASCEND/SEASAPP Job Market Session (2022, September 19). This was a

panel discussion followed by pairings for mentoring meetings and relationships.

ASCEND (Asian, Pacific Islander, Desi Scholars in Social/Personality Psychology

Working Collectively Towards ENDing all Harmful Identity-based Violence); SEASAPP (South East Asian Social and Personality Psychologists).

2021 Mentor for The Society for the Teaching of Psychology Early Career Psychologists

Speed Mentoring Event, Annual Conference on Teaching, virtual (2021, October 10).

2021 Associate Chair, The Society for the Teaching of Psychology Programming at the

American Psychological Association Convention

2020 Psi Chi Nomination Committee

2020 Mentor for The Society for the Teaching of Psychology Early Career Psychologists

Speed Mentoring Event, Annual Conference on Teaching, virtual (2020, October 4).

2020 External Reviewer for Faculty Promotion. Albright College

2020 Abstract reviewer for the Society of Behavioral Medicine’s Annual Meeting and

Scientific Sessions, Multiple Health Behavior Change Track

2020-2021 Mentor for the Society for Teaching of Psychology (APA Division 2) Professional

Development Mentoring Program

2020 Grant Reviewer for the John Templeton Foundation

2019-2020 Insight Grant Reviewer for the Social Sciences and Humanities Research Council of

Canada

2019 Mentor for The Society for the Teaching of Psychology Early Career Psychologists

Speed Mentoring Event, Annual Conference on Teaching, Denver, CO (October, 2019).

2019 Abstract reviewer for the Society of Behavioral Medicine’s Annual Meeting and

Scientific Sessions, Multiple Health Behavior Change Track.

2019 Featured guest for The Society for Personality and Social Psychology’s SPSPchat #21:

Becoming a Better Teacher (August 20, 2019 on Twitter)

2019-2020 *Frontiers in Psychology*, Associate Guest Editor for the Research Topic “The Science of

Pair-Bonding and Future Directions”

2018 Abstract reviewer for the Society of Behavioral Medicine’s Annual Meeting and Scientific Sessions, Multiple Health Behavior Change Track

2017-2021 Psi Chi Steering Committee, Rocky Mountain Region

2016-2021 Council of Representatives, Western Psychological Association

2016-2017 Reviewer for Oxford University Press (1 book proposal and 1 full book manuscript)

2009-2010 *New School Psychology Bulletin*, Editorial Board

**Invited and Ad-hoc Reviewing:**

*Basic and Applied Social Psychology; Brain and Behavior; Cortex; Cross-Cultural Research: Journal of Comparative Social Science; Current Psychology; Health Psychology; Health Psychology Open; International Journal of Exercise Science;* *International Journal of Sociology and Anthropology; JMIR mHealth and uHealth; Journal of Applied Social Psychology; Journal of Education and Health Promotion; Journal of Family Issues; Journal of Health Psychology; Journal of Neurological Sciences; Journal of Obesity; Journal of Political Psychology; Journal of Positive Psychology; Journal of Positive Sexuality; Journal of Social and Personal Relationships; Memory & Cognition; Neuropsychologia; Nicotine and Tobacco Research; Perceptual and Motor Skills; Perspectives on Psychological Science; PLoS ONE; Political Psychology; Psi Chi Journal of Psychological Research; Psychological Reports; Psychological Science; Psychology of Women Quarterly; Respirology; Self and Identity; Scholarship of Teaching and Learning in Psychology; Social Cognitive and Affective Neuroscience; Social Psychological and Personality Science; Social Psychology; Stress & Health; Translational Behavioral Medicine*

**Reviewing Recognitions**

2017 Named as one of the top 10 reviewers for *Translational Behavioral Medicine*

2016 Named as one of the top 10 reviewers for *Translational Behavioral Medicine*

2016 Recognized by Publons as one of the top 10% of reviewers in Psychology (ranked #71)

**Departmental, College, University Service (Idaho State University), and Service to the Community**

**October 2021-Present Department Faculty Mentor for Lawrence Behmer**

**August 2021-Present Director of Experimental Training, Psychology Department**

**Fall 2023 Periodic Performance Review Committee Member (Erin Rasmussen),**

**Psychology**

**July 2022 Faculty participant, TRIO McNair Scholars Mixer**

**Spring 2021 Co-led (with Mel Bussard) Departmental Discussion on respectful**

**terminology and apologies**

**Fall 2021 Tenure and Promotion Committee Member (Erika Fulton), Psychology**

**August 2021 Panel on** Balancing Teaching, Service, and Research, New Faculty Orientation, ISU

**Summer 2021-Fall 2021 Psychology Department Comprehensive Exams Committee Chair**

**January 2021** Mountain West Clinical Translational Research – Infrastructure Network (MW CTR-IN) **grant proposal reviewer, ISU**

**Fall 2020-Spring 2021 Diversity and Inclusion Committee Co-Chair, Psychology Department**

**Fall 2020 Tenure and Promotion Committee Member (Robert Rieske), Psychology**

**April 2020 Virtual\* Graduate Research Symposium judge for the Health, Nutrition, and Clinical Sciences Poster Session, ISU**

**(\*Symposium was moved online due to the COVID-19 pandemic)**

**January 2020** Mountain West Clinical Translational Research – Infrastructure Network (MW CTR-IN) **grant proposal reviewer, ISU**

**Fall 2019-Fall 2021** ISU Ambassador, MW CTR-IN

**Summer 2019-Fall 2021 Faculty Athletic Mentor (BengalFAM), Women’s Tennis, ISU**

**March 2019 Observed a class session (Research Methods), provided oral and writing feedback on teaching for junior faculty colleague (Anna McCarrey)**

**February 2019 MW CTR-IN grant proposal reviewer, ISU**

**January 2019 Presented on social psychology at Shelley High School, Shelley, ID and on**

**close relationship science at New Horizon High School, Pocatello, ID. Part of Liberal Arts High**

**November 2018 College of Arts & Letters Chairs’ Council, filled in for Michele Brumley**

**Fall 2018 Third Year Review Committee (Erika Fulton), Psychology Department**

**Fall 2018 Tenure and Promotion Committee Member (Nicki Aubuchon-Endsley),**

**Psychology Department**

**September 2018 Volunteer, Healthy Sexuality and Safer Sex booth at the ISU Wellness Fair**

**Fall 2018-Spring 2021 ISU Cultural Events Committee (Member Fall 2018-Spring 2020, Chair**

**Summer 2020-Spring 2021)**

**Summer 2018-Fall 2018 eISU Strategic Planning Committee member**

**Summer 2018 Faculty, Northwest Center for Fluency Disorder Interprofessional Intensive**

**Stuttering Clinic [NWCFD – IISC]**

**Spring 2018 Research requirement sub-committee, ISU Psychology Department**

**March 2018 Organizer, Healthy Sexuality and Safer Sex booth at the ISU Health Fair**

**February 2018-Dec. 2021 Faculty Advisor, ISU Association of Neuropsychology Students & Trainees**

**(ANST) Interest Group (Society for Clinical Neuropsychology, Division 40 of APA). This is the first ANST Interest Group in Idaho.**

**February 2018 Presenter on relationship lifehacks, Emerson High School’s Wellness**

**Wednesday, 3 classes, Idaho Falls, ID. Part of Liberal Arts High**

**Spring 2018 Periodic Performance Review Committee Chair (Ellen Ryan), ISU Library**

**Spring 2018 Periodic Performance Review Committee Member (Catherine Gray), ISU**

**Library**

**Spring 2018 Periodic Performance Review Committee Member (Sandra Shropshire), ISU**

**Library**

**Fall 2017 Promotion Committee Chair (Philip Homan), ISU Library**

**Fall 2017 Promotion Committee Chair (Ellen Ryan), ISU Library**

**Fall 2017 Graduate School New Student Orientation, presentation on diversity with**

**graduate student Barbara Wood Roberts**

**Fall 2017 College of Arts and Letters New Student Orientation**

**Summer 2017 Presenter for the ISU Northwest Center for Fluency Disorders**

**Intraprofessional Intensive Stuttering Clinic (NWCFD-IISC), led 2 sessions**

**for clinicians and clients**

**Summer 2017** Reviewer for ISU’s online proctoring RFP

Spring 2017 College of Science and Engineering, helped with visit from delegates of

Henan University of Economics and Law. This visit results in signed

Memorandum of Understandings (MOUs) for student exchange between

ISU and HUEL.

**Spring 2017 Community-University Event, representative for the Psychology Department**

**Fall 2016 College of Arts and Letters New Student Orientation**

**Fall 2015 - Present Undergraduate advising for psychology majors and minors**

**Fall 2015 – Fall 2016 Mentor for the ISU Mentoring Program. Paired with Jonathan Armstrong**

**(Director of Jazz Studies/Assistant Professor of Music)**

**Fall 2015-2016 Gender and Sexuality Committee Member (1-year appointed term)**

**Fall 2015 and Spring 2016 College Week Live International Students Day Online Fair**

**Fall 2015-Spring 2016 Faculty Search Committee, Experimental Program, Psychology Department**

**Fall 2015 Experience Idaho State Recruitment Event**

**Fall 2015-Spring 2018 Social and Behavioral Sciences representative to the University Library**

**Committee (3-year elected term; Elected as Chair for 2017-2018)**

**Summer 2015-Spring 2016 Psychology Department Comprehensive Exams Committee (9 students)**

**Spring 2015-Summer 2018 Faculty Advisor, ISU Chapter of Psi Chi**

**Fall 2014-Spring 2015 Faculty Search Committee, Experimental Program, Psychology Department**

**Fall 2014 Majors and Minors Fair, Psychology Representative**

**Fall 2014 Promotion Committee (Dr. Brent Wolter), English & Philosophy Department**

**Fall 2014 Promotion Committee (Dr. Tera Letzring), Psychology Department**

**Spring 2014-Present Graduate Admissions Committee, Experimental Psychology Ph.D. Program**

**Spring 2014 Community-University Event, representative for the Psychology Department**

**Spring 2014 Graduate Admissions Committee, Clinical Psychology Ph.D. Program**

**Fall 2013-Present Experimental Training Committee, Psychology Department**

**2013-2014 & 2016-2017 Grievance Committee, Psychology Department**

**Fall 2013-Spring 2014 Faculty Search Committee (2 searches), Psychology Department**

**Fall 2013-Fall 2015 Gender and Sexuality Working Group, College of Arts and Letters (includes**

**organizer role for annual Gender and Sexuality in Everyday Life Conference)**

**Thesis, Dissertation, Comprehensive Exam, Set Text, Capstone, Honors etc. Committee Service (ISU)**

Fall 2023-Present Dissertation Committee Member (Jacob Hubers), Psychology

**Spring 2023-Present Comprehensive Exam Committee Chair (Tonne McCoy), Psychology**

**Spring 2023-Present Undergraduate Honors Thesis Chair (Alexis Christensen)**

**Spring 2023-Present Dissertation Committee Member (Gabriela Perez), Psychology**

**(Prospectus: May 5, 2023)**

**Spring 2023-Present Thesis Committee Member (Eliana Claps), Psychology (Prospectus: May 17,**

**2023)**

**Fall 2022-Present Dissertation Committee Member (Aimee Bozeman), Psychology (Prospectus:**

**August 15, 2023)**

**Fall 2022-Present Master’s Thesis Committee Member (Mollie White), Psychology (Prospectus:**

**December 13, 2022)**

**Fall 2022-Present Dissertation Committee Member (Katharine Roth), Psychology (Prospectus:**

**October 19, 2022)**

**Fall 2022-Present Dissertation Committee Member (Makenzie Atwood), Psychology**

**(Prospectus: October 5, 2022)**

**Summer 2022-Present Dissertation Committee Member (Meghan Bigham), Psychology (Prospectus:**

**October 14, 2022)**

**Fall 2021-Present Dissertation Committee Member (William Hynes), Psychology (Prospectus:**

**June 23, 2022)**

**Fall 2021-Present Master’s Thesis Committee Member (Mel Bussard), Psychology (Prospectus:**

**January 13, 2023)**

**Fall 2019-Present** Mentored Research Project Committee **Member (**Tiffani Kittilstved),

Communication Sciences and Disorders (Prospectus: March 5, 2020)

**Spring 2024-Present Dissertation Committee Graduate Faculty Representative**

(Najmeh Dehghanitafti**), English**

Summer 2023- Fall 2023 **Comprehensive Exam Committee Chair** (Makenzie Peterson), Psychology

**Spring 2022-Fall 2023 Dissertation Committee Member (Lillian Bengtson), Psychology (Prospectus:**

**June 27, 2022; Defense; September 8, 2023)**

**Fall 2022-Summer 2023 Dissertation Committee Member (Chloe Pedersen-San Miguel), Psychology**

**(Prospectus: December 15, 2022; Defense July 13, 2023)**

**Summer 2021-2023 Dissertation Committee Member (Gabriela Sepulveda), Psychology**

**(Prospectus: October 11, 2021; Defense: May 15, 2023)**

**Summer 2021-2023 Dissertation Committee Member (Elizabeth Penix), Psychology (Prospectus:**

**June 15, 2021; Defense May 15, 2023)**

**Spring 2023 Master’s Paper Committee Graduate Faculty Representative (Landen Fergus),**

**English (Defense: April 27, 2023)**

**Spring 2023 Comprehensive Exam Committee Member (Sierra Baca-Zeff), Psychology**

**(Prospectus: January 16, 2023; Defense: April 11, 2023)**

Fall 2019-Fall 2022 Master’s Thesis Committee Chair (Makenzie Peterson), Psychology

(Prospectus: July 16, 2020; Defense August 29, 2022)

**Spring 2022-Summer 2022 Master’s Thesis Committee Member (Gabriela Perez), Psychology**

**(Prospectus: February 25, 2022; Defense July 14, 2022)**

**Summer 2020-Summer 2022 Dissertation Committee Member (Summer 2020-Summer 2021) then Chair**

**(Fall 2020 and onward). Lucinda Scott, Psychology (Prospectus: October 12, 2020, Defense: June 28, 2022)**

**Summer 2020-Summer 2022 Dissertation Committee Member (Becca Huber), Psychology (Prospectus: July 27, 2020; Defense: May 23, 2022)**

**Fall 2021-Spring 2022 Comprehensive Exam Committee Member (Aimee Bozeman), Psychology**

**(Prospectus: January 18, 2022; Defense: April 20, 2022)**

**Spring 2022 Dissertation Committee Graduate Faculty Representative (Wonjeong Kim),**

**English (Defense: April 14, 2022)**

**Spring 2022 Master’s Thesis Committee Graduate Faculty Representative (Victoria Davis),**

**English (Defense: April 14, 2022)**

**Fall 2020-Summer 2022 Dissertation Committee Member (Karolina Stetinova), Psychology (Prospectus: October 12, 2020; Defense: June 10, 2022)**

**Spring 2020-Fall 2021 Dissertation Committee Member (**Danielle Richner), Psychology (Prospectus:

February 10, 2020; Defense October 28, 2021)

**Fall 2019-Summer 2021 Dissertation Committee Chair (Ahva Mozafari), Psychology (Prospectus: June**

**15, 2020; Defense: August 11, 2021)**

**Spring 2018-Spring 2021 Dissertation Committee Member (Brian Livesay), Psychology (Prospectus:**

**October 12, 2018; Defense: May 6, 2021)**

**Spring 2021 Comprehensive Exam Graduate Faculty Representative (Dora Goles), Human**

**Performance and Sport Studies (Defense: April 7, 2021)**

**Fall 2020-Spring 2021 Dissertation Committee Graduate Faculty Representative (Lindsdale Graham),**

**Counseling (Prospectus: October 27, 2020, Defense: April 7, 2021)**

**Fall 2018-Spring 2021 Dissertation Committee Member (Luis Rodriguez), Psychology (Prospectus:**

**September 23, 2019; Defense: April 5, 2021)**

**Spring 2018-Spring 2021 Dissertation Committee Member (Yaeeun Lee), Psychology (Prospectus:**

**April 16, 2018; Defense February 19, 2021)**

**Spring 2019-Fall 2020 Dissertation Committee Chair (Bindal Makwana), Psychology (Prospectus:**

**September 27, 2019; Defense: December 17, 2020)**

**Spring 2020-Fall 2020 Master’s Thesis Committee Member (**Lillian Bengtson), Psychology

(Prospectus: May 27, 2020; Defense: December 7, 2020)

**Summer 2020-Fall 2020 Comprehensive Exam – Integrated Paper Committee Member (Elizabeth**

**Penix), Psychology (Prospectus: May 29, 2020; Defense: August 31, 2020)**

**Spring 2019-Summer 2020 Master’s Thesis Committee Chair (Lisa Hansen, nee Baeten), Psychology (Prospectus: June 13, 2019; Defense: July 14, 2020)**

**Summer 2018-Summer 2020 Master’s Thesis Committee Member (Chloe Pedersen), Psychology (Prospectus: October 1, 2018; Defense: July 29, 2020)**

**Summer 2018-Summer 2020 Dissertation Committee Member (Michelle Lemay), Psychology (Prospectus:**

**October 2, 2018; Defense: July 10, 2020)**

**Spring 2019-Spring 2020 Master’s Thesis Committee Member (Wilson Trusty), Psychology (Prospectus: April 15, 2019; Defense: March 30, 2020)**

**Fall 2018-Summer 2020 Dissertation Committee Member (Jonathan Goode), Psychology (Prospectus:**

**October 23, 2018; Defense: July 15, 2020)**

**Spring 2018-Fall 2019 Dissertation Committee Chair (Laura Morgan), Psychology (Prospectus:**

**March 13, 2019; Defense: November 8, 2019)**

**Fall 2018-Summer 2019 Master’s Thesis Committee Graduate Faculty Representative (M. Kristin Stiles), Communication Sciences & Disorders (Prospectus: February 13, 2019; transitioned to Master’s paper: June 21, 2019)**

**Spring 2018-Spring 2019 Dissertation Committee Graduate Faculty Representative (Jehan Hill),**

**Counseling (Prospectus: April 30, 2018; Defense: April 2, 2019)**

**Fall 2018-Spring 2019 Dissertation Committee Graduate Faculty Representative (Anelise Farris), English (Defense: January 8, 2019)**

**Fall 2018-Spring 2019 Master’s Capstone Committee Graduate Faculty Representative (Robert Gilbert), Physician Assistant (Defense: March 1, 2019)**

**Fall 2018-Spring 2019 Master’s Capstone Committee Graduate Faculty Representative (Kristen Hawkins), Physician Assistant (Defense: February 28, 2019)**

**Spring 2018 M.A. Set Text Examination Committee Graduate Faculty Representative**

**(Amber Ovard), English (Defense: May 3, 2018)**

**Spring 2018 Master’s Thesis Committee Graduate Faculty Representative (Daniel Moody),**

**Sociology (Defense: April 10, 2018)**

**December 2017 Capstone Committee Graduate Faculty Representative (Victoria Winbow), Physical Therapy (Defense: December 13, 2017)**

**December 2017 Capstone Committee Graduate Faculty Representative (Layton Bird), Physical**

**Therapy (Defense: December 6, 2017)**

**Fall 2017-Spring 2018 Comprehensive Exam – Integrated Paper Committee Chair (Laura Morgan),**

**Psychology (Prospectus: December 8, 2017; Defense: March 7, 2018)**

**Fall 2017-Spring 2018 Master’s Thesis Committee Member (Jessica Stoker), Psychology**

**(Prospectus: December 1, 2017)**

**Fall 2017-Spring 2018 Master’s Capstone Committee Graduate Faculty Representative (Katharine**

**Dunlevy), Physician Assistant (Defense: April 2, 2018)**

**Fall 2017-Spring 2018 Undergraduate Honors Thesis Committee Member (Anika Lovgren),**

**Psychology (Defense: April 9, 2018)**

**Spring 2017-Spring 2018 Master’s Thesis Committee Chair (Bindal Makwana), Psychology (Prospectus: August 29, 2017; Defense: March 30, 2018)**

**Spring 2017-Fall 2018 Master’s Thesis Committee Graduate Faculty Representative (Paige**

**Newland), Communication Sciences & Disorders (Prospectus: July 27, 2018; Defense: September 24, 2018)**

**Spring 2017 Dissertation Committee Member (Charles Jenks), Psychology (Defense: April**

**11, 2017)**

**Spring 2017-Fall 2017 Master’s Thesis Committee Member (Jake Park), Psychology** (Prospectus:

April 20, 2017; Defense: November 27, 2017)

**Fall 2016-Spring 2018 Dissertation Committee Chair (Barbara Wood Roberts), Psychology (Prospectus: June 29, 2017; Defense: April 9, 2018).**

**Fall 2016-Fall 2016 Comprehensive Exam – Integrated Paper Committee Chair (Barbara Wood**

**Roberts), Psychology (Prospectus: October 3, 2016; Defense: December 16,**

**2016).**

**Summer 2016-Fall 2016 Master’s Thesis Committee Chair (**Barbara Wood Roberts), Psychology

(Defense: August 18, 2016)

**Spring 2016-Spring 2017 Dissertation Committee Member (Stephen Robertson), Psychology**

**(Prospectus: April 25, 2016; Defense: April 3, 2017)**

**Spring 2016-Summer 2017 Dissertation Committee Member (Sierra Kauer), Psychology (Prospectus:**

**May 18, 2016; Defense: July 14, 2017)**

**Spring 2016-Summer 2018 Dissertation Committee Chair (Samantha Tupy), Psychology (Prospectus: October 12, 2016; Defense: August 8, 2018)**

**Spring 2016-Spring 2018 Dissertation Committee Chair (Jabeene Bhimji), Psychology (Prospectus:**

**October 14, 2016; Defense: May 1, 2018)**

**Summer 2015-Summer 2017 Dissertation Committee Chair (Matthew Schumann), Psychology (Prospectus:**

**October 2, 2015; Defense: May 3, 2017).**

**Spring 2015-Spring 2018 Dissertation Committee Member (Jennifer McDonald), Psychology**

**(Prospectus: January 20, 2016; Defense: April 6, 2018)**

**Spring 2016 Comprehensive Exam – Integrated Paper Committee Member (Douglas**

**Colman), Psychology (Defense: March 17, 2016)**

**Summer 2015-Summer 2016 Dissertation Committee Member (Gail Robertson), Psychology (Defense: July**

**21, 2015)**

**Spring 2015 Comprehensive Exam – Integrated Paper Committee Member (Jennifer**

**McDonald), Psychology (Defense: May 13, 2015)**

**Spring 2015 Dissertation Committee Member (Nickolas Dasher), Psychology (Defense:**

**March 13, 2015)**

**Fall 2014-Spring 2016 Dissertation Committee Member (Jared Vineyard), Psychology (Prospectus:**

**March 9, 2015; Defense: April 18, 2016)**

**Summer 2014-Fall 2016 Dissertation Committee Member (Trevor Cole), Psychology (Prospectus:**

**October 3, 2014; Defense: August 2, 2016)**

**Spring 2014-Winter 2016 Dissertation Committee Chair (Ariana Tart-Zelvin), Psychology (Prospectus:**

**January 20, 2015; Defense: December 21, 2016)**

**Spring 2014-Fall 2016 Dissertation Committee Member (Frederick Schoepflin), Psychology (Prospectus: May 8, 2014; Defense: October 3, 2016)**

**Spring 2014-2015 Master’s Thesis Committee Chair (**Jabeene Bhimji), Psychology (Prospectus:

December 19, 2014; Defense: July, 16, 2015)

**Spring 2014-Spring 2015 Dissertation Committee Member (Brittany Bowman), Psychology (Defense:**

**March 12, 2015)**

**Summer 2014-Spring 2016 Dissertation Committee Member (Alina Bonci), Psychology (Defense: March**

**16, 2016)**

Fall 2013- Spring 2014 Undergraduate Honors Thesis Chair (Kendra Doty), Psychology (Defense:

April 16, 2014)

**Departmental and University Service (Stony Brook University)**

**Fall 2008 Social and Health Psychology Brown Bag Coordinator**

**2007-2008 Senator, Graduate Student Organization**

**2007 Laboratory Director, Interpersonal Relationships Lab**

**MEDIA ATTENTION**

My work has been covered by various outlets including the New York Times, CNN, Huffington Post, The Chicago Tribune, The Brown Daily Herald, Life’s Little Mysteries, and Shape Magazine. Interviews have appeared on NPR’s Life Kit podcast, the BOLD Signals Podcast, The Really Big Questions Podcast, Judy Holland’s HappiNest Podcast, the “Let’s Talk Relationships” Radio Show (University of California, San Bernardino), The Science Line (Idaho State University), The Xylom, ATTN:, and on a number of local news stations. Additionally, some interview quotes appear in chapters 5 and 6 of Mosatche, H. S., Lawner, E., & Matloff-Nieves, S. (2016) *Breaking Through!: Helping Girls Succeed in Science, Technology, Engineering, and Math*. Waco, TX: Prufrock Press.